# 로타리 우정교환

## 매칭보드

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## Africa

### Western Africa, District 9100

- District 9100 spans 14 different countries making it the largest by country number in the Rotary world. Member countries include Benin, Burkina Faso, Cape Verde, Cote d'Ivoire, Gambia, Ghana, Guinea-Bissau, Guinea, Liberia, Mali, Niger, Senegal, Sierra Leon, and Togo.
- The district is interested in individual, team, service, and univocational exchanges.

For tourist information, visit:

**Ongoing, major projects**: Increasing literacy, mother and child health and safety initiatives.

**Other district activities**: International volunteering, project fairs, intercountry committees, partnering with other organizations, Rotaract, Interact, RYLA, Rotary Community Corps, Youth Exchange

**Skilled volunteers**:

**Rotary Ideas / Rotary Showcase Project(s)**:

**Recent friendship exchange partners**: USA

**District media**: www.rotarydistrict9100.org

## Argentina

### Argentina, District 4825

- Buenos Aires, Argentina, the country's capital, has 13 million residents and is the district's most well-known destination.
- District 4825 is in one of the wealthiest and most developed areas of the country.
- The northern part of the district is agricultural, with important cereal crops. La Pampa produces millions of tons of soybeans, wheat, corn and sunflower. It also boasts the best steaks in the world.
- Buenos Aires is considered the most European capital of Latin America for its architecture and culturally diverse citizens.
- Home to dozens of theaters, cinemas, and restaurants of all types.
- The Delta Parana River is east of Buenos Aires. It has forests and countless islands that separate Argentina from neighboring Uruguay.
- Argentina is famous for its hospitality, and the Rotarians of District 4825 await your visit.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rotary.4825.org

## Argentina, District 4855

- District 4855 is located in Argentina, at the edge of the city of Buenos Aires.
- The district offers excellent performances in Buenos Aires (tango, folklore, etc.), the best beef in the world, and walks in the countryside.
- Members enjoy exchanges and we make our guests feel welcome.
- Best dates for travel are in our spring (September-October) and autumn (April-May).
- Prefer group exchanges with 12 participants.
- Also interested in exploring vocational exchanges.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rotary.4855.org.ar

## Argentina, District 4930

- La forma de turismo más desarrollada son las playas de la costa de la provincia, junto al mar Argentino. Son casi 1.200 km de playas La ciudad más destacada es Mar del Plata, que es el destino turístico más importante del país.
- Al centro-sur de la provincia se encuentran los sistemas serranos de Ventania y Tandilla.
- El clima es templado.
- Los campos son utilizados para la agricultura y la ganadería.
- En Mar del Plata y Necochea se desarrolla una importante flota e industria pesquera.
- Principales centros urbanos, Mar del Plata, Tandil, Olavarría, Azul.
- En el Distrito hay varios aeropuertos.

For tourist information, visit:

**Ongoing, major projects:** Los clubes participan en los más variados proyectos en sus respectivas comunidades, por ejemplo, salud, agua potable, reciclado de residuos, adultos mayores, niñez, etc.

**Other district activities:** Team Rotary Friendship Exchange; twin clubs; Rotary Ideas; Rotaract; Interact; RYLA; Rotary Community Corps; Youth Exchange;

**Skilled volunteers:** Odontólogos, Médicos, Veterinarios, Arquitectos, especialistas en producción agropecuaria, etc.

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Mexico, India

**District media:** www.rotary.4855.org.ar

# Australia

## Australia, District 9500

- District 9500 is situated in lower center Australia. It stretches from Kangaroo Island in the south to Alice Springs in the north and the Nullabour Plain in the west.
- The majority of the district's 54 Rotary clubs are situated in a narrow coastal belt near the capital city of Adelaide
- The City of Port Augusta provides a gateway to the outback, Alice Springs and the remote mining communities of Roxby Downs and Coober Pedy.
- Because of its geographic and industry diversity the district offers a range of different recreation and vocational based experiences.
- The local economy is largely focused on broad acre farming based on wool, sheep, cereal crops, and pastoral/cattle interests. The coastal communities have significant fishing and aquaculture industries with vital exports of tuna, lobsters, prawns and abalone.
- The Barossa Valley to the North of Adelaide is an international tourist destination and offers the visitor a wide range of wine and quality local restaurants. An outback odyssey to Ayers Rock (Uluru) and Alice Springs is a must for every visitor.
- Two of the world's most desirable train journeys are available to the eager tourist: the legendary "Ghan" for an outback experience and the trip of a lifetime along the "Indian Pacific".

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.clubrunner.ca/9500

## Australia, District 9520

- District 9520 covers part of four mainland states of Australia from Adelaide, the capital of South Australia, to Victoria, New South Wales, and Queensland.
- Currently 53 Rotary clubs and 1,500 Rotarians are members of the district.
- From sandy deserts to wonderful blue seas, the district offers a wide range of geographical and cultural experiences for every visitor.
- The region is largely dependent on the rural economy with some light industry in country towns. Most of the manufacturing, finance, and business is centered close to Adelaide.
- Dry land farming and production of quality citrus, stone fruits, grapes, wine, vegetable, and dairy products can be found in the region.
- Adelaide is situated on the coast and has wonderful beaches for recreation all year round including fishing, surfing, sailing, diving, and whale watching.
- District 9520 is interested in undertaking at least one service based exchange this Rotary year

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

- Experience with team exchanges
- Often work with adjoining District 9500

**District media:** www.rotarynews.info/9520

## Australia, District 9600

- District 9600 has extensive experience with a variety of different types of Rotary Friendship Exchanges – individual exchanges, team exchanges, volunteer/service exchanges, and univocational exchanges.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:** Twin clubs, international volunteering, Rotaract, Interact, RYLA, Rotary Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

## Australia, District 9630

- District 9630 is part of Southern Queensland, and consists of 50 Rotary Clubs – it is the gateway to the Gold Coast, Sunshine Coast and the Western Outback.
- The district abounds in many beautiful contrasts. It starts with the southern suburbs of our Capital City of Brisbane on the coast and crosses the Great Dividing Range at Toowoomba (known as the Garden City) before extending out to Western Queensland at Charleville. We pass through rich agricultural areas growing cotton, sorghum, wheat, as well as producing lamb, beef and pork. The area is also rich in coal and natural gas reserves.
- Dramatic changes in the Australian countryside and lifestyle are evident as we travel through this vast area that comprises Rotary District 9630.

For tourist information, visit: www.queenslandholidays.com.au

**Ongoing, major projects:** Pride of Workmanship Awards; Interplast; Rotary Oceania Medical Aid for Children; Donations in Kind; Australian Rotary Health; Bowel Scan; Rotary Youth Programme of Enrichment - RYPEN; Regional Youth Transistion Seminar- RYTS; Rotary Fostering Youth Driver Awareness - RYDA; National Youth Science Forum; Peace Fellows; disaster relief

**Other district activities:** Interact; International volunteering; project fairs; partnering with other organizations; Polio Plus; RYLA; RCC; Rotaract; Rotary Youth Exchange, Rotary World Community Service; twin clubs

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rotary9630.org; www.facebook.com/RotaryDistrict9630

## Australia, District 9640

- The district is located in a subtropical region of eastern Australia and spans Queensland and New South Wales.
- District 9640 showcases a diversity of culture, climate, landscapes, and industry.
- Some of Australia's best surf beaches can be found along the Pacific coast.
- Each year, about four million visitors experience the local surfing, sailing, golf, fishing, diving, shopping, restaurants, and glitzy nightlight.
- The adjacent hinterland contains World Heritage rainforests and offers visitors bushwalking, white-water rafting, canoeing, camping, and wildlife watching.
- The district is diverse in agriculture: tropical fruits and nuts, sugarcane, dairy cattle, and fishing are found along the coastal strip. Further west, beef, fine wool, prime

lambs, vegetables, temperate fruits, world-class wine, cotton, and wheat are produced.
- National Parks, boutique wineries, regional foods, unique local markets and events are popular experiences for visitors.
- This is a fast growing region with easy access via international airports at Coolangatta on the Gold Coast or at nearby Brisbane just to the north of the district.
- The district prefers a maximum of 12 visitors at one time. Couples and individual Rotarians are welcome.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rotary9640.org

## Australia, District 9650

- District 9650 is located in northern New South Wales, Australia. The district extends west over the Great Dividing Range to the western plains and arid lands on the very edge of the Australian outback.
- The coast has spectacular beaches with fine white sand, many estuaries and dynamic towns which boast the best climate in Australia. The temperate ancient Gondwana Rainforests are World Heritage sites.
- A little south of Amidale, a university town, is Tamworth, the 'Country Music Capital of Australia' while Gunnedah, the 'Koala capital', rests at the western limit of our district.
- The scenic diversity across the district matches the diversity in industry. On the coast, tourism is the major contributor to the economy; additional economic activity includes fishing, forestry and pastoral pursuits. The grazing lands of the slopes and plains produce beef cattle and sheep, known for the best fine wool. Further west, on the black soil plains where sheep, cattle and wheat once dominated, cotton is now a major crop. Across the district, mining and fossicking yield coal, gold, diatomite, opals and sapphires.
- Our district's Rotarians are friendly and outgoing Australians.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

- Our involvement in Friendship Exchange began in 1983 and since we have hosted Rotarians from across the world. We look forward to welcoming many more.

**District media:** www.rotary9650.org.au

## Australia, District 9700

- District 9700 includes 42 clubs and 1,200 members and is situated in the southwest of New South Wales, midway between Sydney and Victoria.
- District 9700 is the gateway to a rich and productive region whose economy includes sheep and cattle, dairy, orchards, fine wool and mohair, market gardens, cereal crops, wine industry, forestry, and rich mineral mining.
- The region is internationally recognized for its diverse flora, fauna, and birdlife and attracts many visitors interested in fishing, camping, and water sports.
- Major regional cities include Wagga Wagga, Griffith, Bathurst, and Orange, among others. Wagga Wagga, a dynamic and cosmopolitan city, rests against the magnificent Murrumbidgees River. Griffith is located at the heart of the largest wine growing area in New South Wales and displays a wonderful blend of cultures and diversity. Bathurst, located a few hours west of Sydney, is set in a wonderful natural environment warm summers, clear and crisp winters, occassional snowfall and bueaitful spring and autumn colors. Orange, a historic town with buildings and streetscape rfelcting the rich heritage dating back to the 1880s, boasts four distinct seasons and offers bueatiful parks and gardens to show off its many colors.
- Rotarians in the district are typical laidback Aussies who look forward to welcoming Rotarians from all around the world!

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rotarnet.com.au/d9700

## Australia, District 9710

- District 9710 has 45 Rotary clubs from the south coast to the southern tablelands and highlands of N.S.W. 16 of the clubs are located in Canberra while the rest are spread across rural areas.
- The district covers some of the best super fine wool production in Australia.
- Canberra, the capital, has many places to visit including the Australian War Memorial, Australian National Gallery, Australian National Museum, Australian Parliament,

among others. The city is located 270 km from Sydney by road or a very short plane ride.
- The district is interested in team exchanges.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:** Rotaract, RYLA, Youth Exchange,

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**
- United Kingdom, India, Taipei

**District media:** www.rotary9650.org.au

## Australia, District 9790

- The district consists of 60 Rotary clubs and approximately 1,870 members. It includes some of the most scenic areas in Australia and has a diverse range of interests and attractions for our visitors.
- The district encompasses part of the city of Melbourne, the irrigation areas of the Goulburn Valley, the gold fields of the 1850's and the clear mountain streams and spectacular old mountains of the Great Dividing Range.
- A few of the many local attractions include parks, gardens, natural reserves, flourishing markets, exclusive boutiques, charming historic mansions, beaches, a wide variety of festivals, galleries, and many outdoor activities such as boating, sailing, horse racing, water skiing, motor racing, golf, swimming, and tennis.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rotary9790.org.au

## Australia, District 9800

- District 9800 covers part of the Melbourne Metropolitan area, stretching into the North west to include Bendigo, and reaching as far north as Echuca on the Murray River. The district has 70 clubs and approximately 3000 members.
- Melbourne has a prosperous heritage, evident in the city's elegant 19th century architecture and beautiful public spaces. Among the best examples are the Royal Exhibition Building and the Royal Botanical Gardens. With its easily identifiable facade of clocks and domes, Flinders Street Station, the starting point of Australia's first locomotive railway system in 1854, is one of Melbourne's best known icons. The very popular Queen Victoria Market is Melbourne biggest bazaar containing more than 1000 stalls and is one of the world's last great markets.
- Melbourne hosts many sporting events: Aussie rules football, cricket, tennis and the Australian Open, The Grand Prix (cars and bikes), the Melbourne Cup, and the Spring Racing Carnival. Melbourne also has a wonderful open range zoo, National Trust Properties, Healesville Wildlife Sanctuary and many award winning wineries. There are over 100 wineries within a 100 kilometre radius of Melbourne.
- Bendingo, also at the heart Australia's agricultural industry, produces prime beef and lamb, dairy products, grains, fruits, and vegetables.
- When visiting us, it is recommended to allow extra time to see the Great Ocean Road – one of the great road journeys in the world.

For tourist information, visit:

**Ongoing, major projects:** Working on international service projects in Africa, Timor Leste, and other Pacific countries

**Other district activities:** Rotary Friendship Exchange, international volunteering, twin clubs, project fairs, partnering with other organizations, Rotaract, RYLA, Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** United Kingdom, South Africa, Zambia, Sweden, USA

**District media**: www.rotarydistrict9800.org.au

## Australia, District 9830

- Tasmania is the smallest and most picturesque state of Australia. Separated from the mainland by Bass Strait it is a unique land of rugged mountains, fertile farmland and scenic coastline. Tasmania's climate is temperate, with summer daytime temperatures often around 25 degrees Celsius while winter daytime temperatures seldom fall below 10 degrees Celsius. Rainfall is predominantly in winter.
- Primary industries include agriculture, mining, fishing and forestry. Due to favourable climatic conditions, agriculture is varied and includes vegetable production, poppies for pharmaceutical products, pyrethrum for natural insecticides, dairying, beef, lamb and wool production. A clean, green image is being used to promote these products on the world market. Secondary industry plays an important part in the state's economy. It includes mineral smelting, paper manufacturing, vegetable processing, cheese and chocolate production. Energy is currently derived from hydropower; the first wind power

farm has been established and natural gas will be brought onshore in the near future.
- Tourism is a significant industry in the state. Many tastes are catered for with heritage and wine trails and some of the world's best bush walking and fly fishing. The island has a decentralised population of approximately 500,000. The capital city is Hobart in the south of the state. Other important centres are Launceston, Devonport and Burnie.
- Today, Aboriginal descendants are endeavouring to retain as much as possible of their culture. Britain granted responsible government to the island in 1855 and in 1901 Tasmania became part of the Commonwealth of Australia.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**
- The Rotary Friendship Exchange program is an activity District 9830 regularly participates in with Districts throughout the world with recent exchanges to Canada, Sweden, USA, and other countries.
- We always have an interest among Rotarians and partners within our District.

**District media:**

# Brazil

## Brazil, District 4310

- Nosso distrito 4310, conta atualmente com um número de 1.200 rotarianos e localiza-se no Interior do Estado de São Paulo, composto de 26 cidades e 47 clubes e uma população em torno de 3 milhões de hjabitantes. Além de se encontra localizado em umas das regiões mais produtivas e industrializada do País, com um parque industrial muito diversificado e de alta tecnologia.
- Nossa área agricola, em especial o plantio de cana de açucar, também fazem parte da nossa economia.
- Nossa malha rodoviaria é considerada a melhor do Brasil.
- O Distrito conta com Universidades Estaduais e campos de pesquisas tecnologicas e agronomia.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:** Rotary Friendship Exchange, international volunteering, twin clubs, Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Chile, Argentina, Canada, USA, India

**District media:**

## Brazil, District 4410

- Localizado na região Sudeste do Brasil o Espírito Santo, destaca-se pelo seu grande potencial de geração de negócios internacionais, industrial, agrícola e desenvolvendo-se como uma grande área para extração de petróleo.
- Dentre os aspectos turísticos, possuimos 411 km de litoral com belíssimas praias e regiões montanhosas com baixas temperaturas.
- A culinária capixaba também tem um forte legado com seus pratos típicamente desenvolvidos com peixes e frutos do mar, em que se destacam a moqueca capixaba feita com peixe em postas, e a torta capixaba feita com frutos do mar , bacalhau e palmito. A etnia do estado e bem variada com colonizações alemãs, italianas, polonesas e ainda aldeias indígenas não nativas.

For tourist information, visit:

**Ongoing, major projects:** Montanha da esperança; Apoio a crianças autistas; Apoio a crianças com altas habilidades

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

## Brazil, District 4420

- O Distrito é localizado na região da Metrópole, São Paulo, e também inclui parte da costa do litoral do estado, com belas paias e economia portuária e industrial extremante desenvolvida.
- A cidade de Santos está no guiness book com o maior jardim de praias do mundo e é também a cidade do Santos Futebol Clube, lendário clube onde Pelé fez a sua carreira.
- O ABC Paulista possui diversas montadoras de veículos e fábricas em geral. A capital São Paulo é um dos berços culturais do país e considerada uma das capitais mundiais da gastronomia, sendo aquela onde existem mais pizzarias em todo o planeta.

For tourist information, visit:

**Ongoing, major projects:** Pólio plus – ativamente; Subsídios Globais - 10 projetos apresentados este ano; pojetos educacionais de grande escala; campanhas de prevenção de doenças.

**Other district activities:** Voluntários em projetos internacionais; Clubes irmãos; Feiras de projetos; Comissões interpaíses; Parceria com outras organizações; Rotaract; Interact; RYLA; Núcleos Rotary de Desenvolvimento Comunitário; Intercâmbio de Jovens

**Skilled volunteers:** Principalmente médicos, dentistas, advogados e empresários; duração de estadia: 10 a 20 dias.

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** EUA, Chile, Suécia, Itália

District media: www.rotary44320.com.br

## Brazil, District 4440

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:** Rotaract, Interact, RYLA, Rotary Community Corps, Rotary Youth Exchange,

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

## Brazil, District 4480

- O Distrito 4480 fica localizado na região Noroeste do Estado de São Paulo, conta com 69 Rotary Clubs em 43 municipios, 27 Rotaracts, 32 Interacts, 6 Rotarykids, 27 Casas da Amizade e 1 Nucleo Rotario. Seus municipios estão voltados para Seviços, Agronegócios, Pecuaria, Pesca, Turismo Nautico, Aguas termais, Turismo rural.

For tourist information, visit: www.turismoemsaopaulo.com

**Ongoing, major projects:** Projetos relacionados ao meio ambiente ( Rio Preto mais Verde, Riopreto Vivo, Pedágio Agua), tratamento e prevenção de doenças (End Polio Now , Educação (Cada Encontro um Conto) e saude materno-infantil (Aleitamento materno, Banco de Leite Humano)

**Other district activities:** Twin clubs; Rotaract; Interact; RYLA; Rotary Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):** Mobile Unit for Human Milk Bank

**Recent friendship exchange partners:**

- Canada; France; India; Mexico; Peru; Taiwan; Turkey

**District media:** www.rotary4480.com.br

## Brazil, District 4510

- District 4510 is an ecological paradise in the center-west of São Paulo, the most developed State in Brazil, with 67 Clubs in 38 cities, and with over 1600 associates. The region is proud to have many mid-sized cities that are calm, secure, warm and welcoming, and they provide good quality of life for its residents with high levels of indicators of social development and human.
- It is a region rich in natural beauty, with numerous conservation areas and nature reserves. Good and well maintained highways traverse the area.
- The District is watered by 3 of the most important rivers in South-Southeast region of Brazil, the Tietê River in the east, Paranapanema River in the south, and the Paraná River on the west, all of them favorable to fishing and water sports, as well as beautiful scenarios and river beaches.
- The main towns in the District, as Bauru, Presidente Prudente, Marilia and Assisi, among others, have good universities, theaters, museums, shopping malls, zoos, parks and strong industrial trade. In these cities is possible to make flight connections to any cities in Brazil.
- The District 4510 also has a developed agriculture, focused mainly on sugar cane, tropical fruits, coffee and dairy farming.

For tourist information, visit:
www.turismoembaurueregiao.com.br,
www.turismocentrooestepaulista.com.br

**Ongoing, major projects:** Youth Exchange Program, Vocational Training Team, Rotary Friendship Exchange, House of Friendship (charitable projects that support activities of the clubs and district).

**Other district activities:** Rotaract, Interact, Rotakids, district grant projects, community projects, leadership forum, ecological and environmental programs.

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Canada; Germany; USA

**District media:** www.rotary4510.org.br

## Brazil, District 4530

- District District 4530, located in Brazil's central eastern region, encompasses a large area which includes its capital and two other states, Goiás and Tocanlins, the capitals of which are Brasília, Goiânia, and Palmas.
- The district has 53 Rotary clubs and 1,202 Rotarians.
- Brasília, the national capital, was founded 21 April 1960. Oscar Niemeyer and Lúcio Costa designed the architecture and contemporary art which is characteristic

of Brasília. Listed as a UNESCO World Heritage Site, Brasília also has the highest standard of living and per capita income in the country. Important cultural, social and sports events are held in Brasília each year including the Film Festival and the State Fair, music concerts, theatre festivals and sports matches.

- District 4530 also has important attractions. The cities of Goiânia, Palmas, and Anápolis are extremely modern and the states have a strong economic presence with promising activities in the areas of livestock and agribusiness. In terms of tourism, the following are historic cities: Goiás Velho, which was also recognized by UNESCO as Humanity's Heritage Site, and Pirenópolis.For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

## Brazil, District 4560

- O Distrito 4560 está localizado no interior do Estado de Minas Gerais, abrangendo as regiões Centro-Oeste e Sul do referido Estado. É constituído por cidades tranquilas, agradáveis e acolhedoras, que proporciona boa qualidade de vida para seus habitantes. É uma região rica em construções históricas e belezas naturais, que recebe a visita de milhares de turistas anualmente.
- O Distrito 4560 é uma região próspera, onde também estão situadas cidades consideradas pólos de desenvolvimento econômico, cujas boas oportunidades de negócios atraem empresários e comerciantes de todo o Brasil.

For tourist information, visit:

**Ongoing, major projects:** Projetos de Subsídios Equivalentes, Intercâmbio Internacional de Jovens, Intercâmbio de Grupo de Estudos, Grupos de Companheirismo.

**Other district activities:** Rotaract, Interact, Rotary Community Corps, Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rotary4560.org.br

www.facebook.com/rotarydistritoquatrocincomeiazero

## Brazil, District 4580

- District 4580 is located in Brazil and has many tourist attractions and historic sites to offer visitors. Popular tourist destinations include Congonhas, Ouro Preto, Mariana, São Joao del Rei, Tiradentes, among others.
- District 4580 also includes one of the largest furniture centers in the country, located in la Uba. Additionally, the well-known cities of Juiz de For a, Barbacena, and Santos Dumont can be found in the district.
- The region is rich in iron and houses the country's steel industry.
- District 4580 is interested I nservice opoprunities to accompany exchanges. Exchange participants interested in volunteering and expertise are preferred.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

## Brazil, District 4590

- Região do Interior de São Paulo, entre Jundiaí e Caconde, passando por várias cidades renomadas com Campinas, um dos maiores centros industriais do país e várias outras de elevadoProjetos nível de produção agrícola e leiteira

For tourist information, visit:

**Ongoing, major projects:** Projetos voltados a áreas sociais comunitárias e notadamente a de saúde

**Other district activities:** Interact; Rotaract; IGE; subsídios equivalentes; projetos comunitários; YEP; Forum de liderança; programas ecológicos; ambientalistas

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Argentina, Austrália, Canadá, Estados Unidos, México

**District media:** www.rotary4590.org.br

## Brazil, District 4600

- Located in the South-East region of Brazil, District 4600 includes parts of the states of Rio de Janeiro and São Paulo. District 4600 has 65 clubs and about 1200 members.

- São Paulo is the financial center of Latin America and Rio de Janeiro (*Cidade Maravilhoso,* is the post card of Brazil.
- The largest part of the district is located in the Paulista and South Fluminense regions of the South Paraiba River Valley, but also includes extensive coastal areas.
- The region is geographical diverse with mountains, beaches, rivers and valleys.
- The District is situated in the economic and industrial heartland of Brazil and straddles the Via Dutra, the most important highway in the country. There are several large agricultural/livestock enterprises throughout the district.
- Of interest to many visitors is the coffee industry, which began in the Sul Fluminense region in the 19th Century.
- Several historical and cultural sites exist within the District. The Basilica Nova de Nossa Senhora Aparecida located in Aparecida, SP, is one of the largest Catholic cathedrals in the world. Brazil´s first national park, National Park of Itatiaia, is located at Itatiaia, RJ. These and other sites are combined with extensive beach resorts which offer multiple leisure activities.

For tourist information, visit:

**Ongoing, major projects:** Casa de Amizade (Friendship Houses – charitable projects to support district activities)

**Other district activities:** International volunteering; Rotaract; Interact; RYLA; Rotary Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Australia; New Zealand; Canada; Kenya

**District media:** www.distrito4600.org.br; www.distrito-4600.blogspot.com.br

## Brazil, District 4610

- Museus (MASP; MUBE,Museu de Arte Sacra,entre outros); Centro Histórico da Capital do Estado; Gastronomia (Restaurantes renomados de culinária nacional e internacional diversificadas); Esporte (Museu do Futebol); Artesanato (Embu das Artes); Centro Histórico (Pirapora do Bom Jesus); Caverna do Diabo (Registro).
- A Cidade de São Paulo abrange a maior parte da área

For tourist information, visit:

**Ongoing, major projects:** No final de janeiro ( de 25 de janeiro a 02/02/2014) teremos um cruzeiro marítimo com a participação dos Distritos 4.420; 4.430 e 4.610 para Buenos Aires- Argentina e Montevidéu.

**Other district activities:** Parceria com outras organizações; Rotaract; RYLA; Intercâmbio de Jovens

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** África do Sul; Alemanha; Argentina; Austrália ( Intercâmbio de Jovens); Portugal; USA

**District media:** www.clubeficaz.com.br/clubes/distrito4630; www.rotaract4630.com.br

## Brazil, District 4630

- Nosso Distrito fica próximo a Foz do Iguaçu. É um importante polo agrícola e industrial.
- A cidade de Maringá é planejada e possui clima ameno e muito arborizada. A Região é cortada pelo trópico de Capricórnio. Fica a cerca de seiscentos quilômetros de São Paulo. A região possui baixo índice de criminalidade e alto índice de indicadores sociais.

For tourist information, visit: www.maringa.com, www2.maringa.pr.gov.br/site

**Ongoing, major projects:**

**Other district activities:** International volunteering, Rotaract, Interact, RYLA, Rotary Community Corps, Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Chile, Germany

**District media:** www.clubeficaz.com.br/clubes/distrito4630; www.rotaract4630.com.br

## Brazil, District 4650

- Rotary District 4650 is located in the state of Santa Catarina in southern Brazil. The state has more than 350 miles (600 kilometers) of beautiful beaches and islands, a subtropical climate, with forests and rivers and to the West it borders the Paraná River near the spectacular Iguaçu Falls, a UNESCO World Natural Heritage Site.
- Our District stretches from the Atlantic Ocean across the Itajai Valley. The two largest cities in the District are Joinville, an industrial town, which permanently hosts the only Bolshoi Ballet School outside Russia, and Blumenau, a university town, which celebrates the largest Oktoberfest festival in the Americas.
- Local festivities, trade shows, art shows and exhibits take place throughout the year. There are many museums with historical exhibitions. Also, many towns have their own microbreweries and brew pubs, where unique ales, lagers and pilsner beers can be found. In addition to football (soccer), for which Brazil is famous, outdoor sports abound in the region, such as surfing, tennis, sailing, bicycling, motor biking, rafting, fishing, rappel, cascading and trekking.

- Economic activities include tourism, textiles and fashion industries, furniture, software development, engineering power technology, as well as farming and agriculture.
- People in this region are known in Brazil for being both hard working and fun-loving. The Rotarians in our District are extremely warm and friendly hosts. Over the years we have received groups from many parts of the world and look forward to welcoming more.
- The district is interested in team exchanges with Europe, North, Central, and South America, the Caribbean, Australia, and New Zealand.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:** Rotaract; Interact; RYLA; RCCs; Rotary Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Holland; Mexico; Chile; India; USA

- Over the years we have received groups from many parts of the world and look forward to welcoming more.

**District media:** www.rotary4650.org/br

## Brazil, District 4651

- District 4651 covers the cities located primarily in the coastal region of Santa Catarina. The state is now considered the best tourist destination in Brazil, receiving about five million visitors.
- Originally inhabited by indigenous peoples, Santa Catarina received immigration from the Azores, Germany and Italia. Later, Africans, Poles, Ukrainians, Japanese, Austrian, Dutch and Hungarian immigrants also arrived in the State.
- Grande Florianópolis, where is situated the state capital, is the most sought after area. The highlight are the beautiful beaches, but also has beautiful rural landscapes. It has excellent infrastructure and offers sports practice options.
- In the region known as Encantos do Sul (Enchantments of the South) there are historic cities, eco-tourism, adventure sports and thermal water resorts. The Italian and German cultures are prevalent. In the southernmost region, bordering Rio Grande do Sul State, there is the area known as Caminho dos Cânions (Canyon Way).
- North of Grande Florianópolis, Balneário Camboriú, with its vibrant trade and nightlife, is the beating heart of the touristic region known as Costa Verde e Mar. It is also the preferred destination in Santa Catarina for senior segment.
- Located just 2 hours, by car, from the coast, is Serra Catarinense (Santa Catarina Mountain Range), where there is incidence of snow. The cold weather is an invitation to settle in cozy farm hotels and taste the typical cuisine of the region.
- With its natural beauty and its diverse culture, Santa Catarina is a stunning destination.

For tourist information, visit:
http://turismo.sc.gov.br/institucional/index.php/pt-br/multimidia/videos

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

## Brazil, District 4660

- District 4660, located in Northwestern Rio Grande do Sul (Brazil's southermost state), borders Uruguay and Argentina.
- The Federal Republic of Brazil is the largest and the only Portuguese-speaking country in South America. Brazil is the world's eight largest economy by GDP and is home to a diversity of wildlife, natural environments, and natural resources.
- The district cherishes *Gaúcho* cultural traditions, diversity, gastronomy (home of the world famous Brazilian barbeque), poetry, music, dance, and above all, hospitality.
- *Gaúcho* culture, an embrace of Portuguese, Spanish, Native, and African heritages, sets the assimilating background where immigrants of German, Italian, Jewish, Japanese, Polish, Russian, Middle-Eastern, and many more origins share their cultures in the friendly Brazilian wayFor tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

## Brazil, District 4670

- District 4670 is located in the south of Brazil in the state Rio Grande do Sul.

- The state is known for its strong gaucho cultural identity, influenced by the Gaucho Traditionalist Movement (recognized by the UN and UNESCO as the largest movement of cultural and traditional genre in the world).
- In September, Farroupilha Week brings the state together to celebrate and preserve the gaucho history and tradition with parades, folkloric presentations, and festivities.
- The region's best culture, food, lodging, and transportation can be found in the region of Hortênsias (gramado and Canela) and in the grape and wine region (Bento Gon çalves and Caxias do Sul). Visitors greatly enjoy the lush natural beauty of the Serra Aparados National Park.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

## Brazil, District 4720

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:** International volunteering; partnering with other organizations; Rotaract; Interact; RYLA

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rotary4720.org.br

## Brazil, District 4740

- District 4740 has a culturally diverse constituency with influences from Italy, Austria, Germany, and Japan. Small villages founded in the 1920's by immigrants from the aforementioned countries are now thriving cities in our district. They preserve traditional dances and music from their countries of origin.
- Agriculture is an important part of life with major local crops including soy, corn, beans, garlic, apples, grapes, pork, cattle, and poultry. Additionally, natural springs, water parks, hydroelectric and wind plants make up the economy.
- The district is interested in national and international exchanges mainly from a social (human) perspective rather than for business purposes.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

## Brazil, District 4770

- District 4770, with nearly 2,000 members in 82 Rotary Clubs, is located in Central Brazil, encompassing all Mineiro Triangle (MG), half of south and southeast of Goiás (GO) and the eastern part of Mato Grosso (MT).
- The landscape has natural ecological beauty and rich colonial and modern architecture. The area is the largest grain and fertilizer-producing region of the country. The district has many rivers and lakes, and it is home to hydro-thermal and hydro-electric plants.
- The region contributes to considerable part of the Brazilian GDP, because it has one of the highest numbers of Water-Power Plants in the world.
- In the tropical climate, rain is more concentrated in summer, and there is plenty of sunshine from December to February. With our mild climate, we have a mild winter during the months of May to July, with an average annual temperature around 22 C. Come and experience our lifestyle and taste our excellent food.
- The district prefers individual visitors or groups up to six participants. Vocational exchanges should last at least a week. The district would like national exchanges to last a week and international exchanges to last about two weeks.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rotary4770.org.br

## Brazil, District 4845

- District 4770, with nearly 2,000 members in 82 Rotary Clubs, is located in Central Brazil, encompassing all Mineiro Triangle (MG), half of south and southeast of Goiás (GO) and the eastern part of Mato Grosso (MT).
- The landscape has natural ecological beauty and rich colonial and modern architecture. The area is the largest grain and fertilizer-producing region of the country. The district has many rivers and lakes, and it is home to hydro-thermal and hydro-electric plants.

- The region contributes to considerable part of the Brazilian GDP, because it has one of the highest numbers of Water-Power Plants in the world.
- In the tropical climate, rain is more concentrated in summer, and there is plenty of sunshine from December to February. With our mild climate, we have a mild winter during the months of May to July, with an average annual temperature around 22 C. Come and experience our lifestyle and taste our excellent food.
- The district prefers individual visitors or groups up to six participants. Vocational exchanges should last at least a week. The district would like national exchanges to last a week and international exchanges to last about two weeks.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:** Twin clubs; partnering with other organizations; Rotaract; Interact; RYLA; Rotary Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Brazil

**District media:**

# Canada

## Canada/USA, District 5080

- District 5080 includes the south eastern valleys of British Columbia, Canada, northern Idaho, USA, and eastern Washington, USA.
- The Friendship Exchange programs offer visits to historic sites, geographic wonders, vocational visits, and opportunities to participate in outdoor sports from skiing, golfing, river rafting, and hiking to relaxing in geo-thermal hot springs.
- District 5080 offers diverse geography, including snow-capped mountains, pristine lakes, fertile agricultural plains, forests, mining, and manufacturing.
- District 5080 has several Rotarians interested in international exchanges with service opportunities to improve local communities. Other Rotarians are interested in cultural exchanges with countries that represent the North American heritage.

For tourist information, visit:

**Ongoing, major projects:** Market Children in Honduras; Rotoplast Missions; water and sanitation initiatives

**Other district activities:** International volunteering; project fairs; partnering with other organizations; Rotaract; RCC; Interact; RYLA; Rotary Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

- USA; Mexico; Sweden, United Kingdom; Brazil; New Zealand; Australia; Taipei
- District 5080 has an extremely active Rotary Friendship Exchange Program. Two thirds of the district's 64 clubs have hosted teams and one half of clubs have sent teams on exchanges.
- The district has four exchanges planned for the 2013-14 Rotary year with: Turkey, Israel, Brazil, and Ecuador

**District media:**
www.clubrunner.ca/portal/home.aspx?did=5080

## Canada, District 5370

- District 5370 includes parts of four provinces in Western Canada with the major centre being Edmonton, Alberta.
- We are home to the world famous Rocky Mountains, northern lights, First Nations/Aborginal history.
- We are a large districtwith 63 Rotary Clubs. Our most northerly club is Yellowknife, Northwest Territories.
- Many who visit insist on includig the beautiful northern regions. Moose, bear, deer, eagles, see it all in our wilderness. Boating, ATVing and river rafting can be arranged.
- Visit the fresh outdoors of Canada, you will not be disappointed.

For tourist information, visit:

**Ongoing, major projects:** We have an ongoing District project with Belize where we fund education opportunities for youth. Most of our clubs have participated. We also work closely with clubs in Mexico and South America. The projects are as diverse as the clubs.

**Other district activities:** Twin clubs; partnering with other organizations; Rotaract; Interact; RYLA; Rotary Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Australia; Brazil; England; India; Scotland; South Africa

**District media:** www.rotary5370.com; www.facebook.com/groups/district5370

## Canada/USA, District 7040

- District 7040 is made up of 69 active Rotary clubs in Nunavut, Eastern Ontario, Western Québec and Northern New York State.

- Operating in two countries and in two languages, managing hundreds of community service programs in our own communities and around the world, we strive to bring about the Rotary ideal of Service above Self.

For tourist information, visit:

**Ongoing, major projects:** Foundation activities such as polio plus, rotary peace scholarships, disaster response, and foundation walks/marathons. Other activities such as golf tournaments, calendar sales, music for humanity concerts, literacy projects, water projects, build and support schools overseas.

**Other district activities:** International volunteering; twin clubs; project fairs; intercountry committees; partnering with other organizations; Rotary Ideas; Rotaract; Interact; RYLA; Youth Exchange

**Skilled volunteers:** Volunteers available for literacy, water, construction projects.

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Australia; Brazil; Finland; Israel; Mexico; South Africa; Thailand; USA; Venezuela

**District media:** www.portal.clubrunner.ca/50214/

## Canada/USA, District 7090

- District 7090 is an international district which includes clubs in Southern Ontario in Canada and in Western New York in the United States. Currently there are 74 clubs and over 3,000 Rotarians in the District.
- District 7090 covers an area rich in agriculture, industry, and history. Agriculture includes grain, dairy, tobacco, fruit and grapes.
- Industry ranges from steel mills, automobile manufacturing and assembly to small electronic equipment manufacturing and scientific research. Wines known around the world are also produced here.
- Tourism is an exciting part of the district with the highlight being the famous Niagara Falls area with the Falls, the wineries, Niagara on the Lake and many other popular tourist sites. In the United States there is the ski village of Ellicottville, the historic Chautauqua Institution and the city of Buffalo.
- District 7090 is particularly interested in exchanges with Rotarians from Australia and New Zealand.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rotary7090.com

## Canada, District 7820

- District 7980 encompasses mainland Nova Scotia and five surrounding islands. Canada's newest province, Newfoundland and Labrador, has an abundance of wildlife and rugged, spectacular scenery. The people of Newfoundland are among the most hospitable in the world.
- The car ferries connecting this island with the rest of Canada are the largest in North America. PEI is a gentle, pastoral island of red sandy soil, and the home of the mythical Anne of Green Gables, the subject of a series of books written by Lucy Maude Montgomery. This small island attracts around one million tourists yearly.
- The province of Nova Scotia is made up of mainland Nova Scotia and Cape Breton Island. Nova Scotia has the beautiful Annapolis Valley, famous for apples, miles of rugged coastline, and the busy port of Halifax. Cape Breton Island, rich in Scottish heritage, is one of the most scenic areas of the Maritime provinces.
- The islands of St. Pierre and Miquelon are colonies of France and are located near Newfoundland. They make our district an international district. The Magdalen Islands of Quebec are located near Prince Edward Island, and are served by ferry as well.
- Experience has shown that Rotarians visiting our district tend to enjoy the experience more if they visit either Nova Scotia mainland and Prince Edward Island or Cape Breton Island and Newfoundland.
- Late spring and early autumn, when the scenery is breathtaking, are excellent times to visit District 7820.

For tourist information, visit:

- Prince Edward Island
- Nova Scotia mainland
- Nova Scotia (Cape Breton Island)
- Newfoundland and Labrador

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

# Chile

## Chile, District 4355

- District 4355 is rich with culture and history. Amongst many festivals, an important celebration of Chile's Independence Day (18 September) is hosted annually throughout the district.
- Chilean rodeos, a favorite pastime, are hosted in different cities throughout the entire district from March to October. Festivals celebrating local customs and culture are hosted in various cities in January and February

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

# Colombia

## Colombia, District 4271

- El Distrito 4271 esta conformado por los Departamentos de la Costa sobre el Oceano Atlantico, a la altura del Mar y los departamentos de los Santanders y Antioquia, que tienen zonas de clima templado y calido.
- Tenemos una gran variedad de suelos y culturas

For tourist information, visit:

**Ongoing, major projects:** Humanitarios, de agua potable, educación, y salud

**Other district activities:** Twin clubs; Project fairs; Partnering with other organizations; Rotaract; Interact; RYLA; Rotary Youth Exchange

**Skilled volunteers:** healthcare professionals

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Argentina, Brazil

**District media:**

## Colombia, District 4281

- El Distrito 4281 de reciente creación abarca todo el sur de Colombia, el 50% del territorio. Incluye la hermosa y turística zona cafetera, los llanos orientales, la isla de San Andrés, Bogota su capital, etc.
- El Distrito cuenta con 75 clubes y 1.290 socios rotarios.

For tourist information, visit: www.colombia.com/turismo

**Ongoing, major projects:** Construccion de acueductos en pueblos y veredas, dotación de hospitales, ancianitos y Jardines Infantiles. Elaboración de un seriado de televisión de prevención del embarazo en adolescentes, VIH/SIDA y cáncer de cuello uterino.

**Other district activities:** Twin clubs; Project fairs; Partnering with other organizations; Rotaract; Interact; RYLA; Rotary Youth Exchange; Rotary Community Corps

**Skilled volunteers:** Contamos con voluntarios experimentados, interesados en participar en proyectos internacionales, en campos de la medicina, odontología, ingeniería, industria, agricultura. Duración de la estancia hasta tres meses.

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Argentina, Brazil

**District media:** www.rotary4281.org; www.colombiarotaria.org

# France

## France, District 1730

- District 1730 - comprend 68 clubs et 1900 rotariens, 5 Rotaracts et 2 Interacts.
- La Région de la cote d'azur couvre 2 départements : Var (villes Saint Raphaël, Hyères et Toulon) et Alpes Maritimes ( villes Menton, Nice , Cannes Grasse), la Principauté de Monaco. Ile de Corse ( 2 départements villes: Ajaccio, Bastia) .
- La cote d'Azur est la seconde destination touristique de la France. Haut lieu de la dolce vita à la Française, viticulture, horticulture, agriculture, constructions navales parfums, artisanat d'art ( Vallauris, Biot), musées ( Picasso, Fondation Maeght, Cocteau, Matisse, Annonciade à St Tropez....) Universités à Nice, Sophia Antipolis, Toulon. Festival cinéma à Cannes.

For tourist information, visit: www.cotedazur-tourisme.com; www.visitvar.fr; www.visitmonaco.com; www.visitcorse.com

**Ongoing, major projects:** Nouvelles Générations Youth Exchange, Echanges d'été, Echange Groupe Etudes ( EGE), clubs Interacts , clubs Rotaracts, Prix de - l' éthique- travail manuel - servir. Trophée des collèges. Bourse d' études. Soutien à Polio Plus : marche du 1 mai pour l'ensemble des clubs.. Participation à de nombreux projets locaux et internationaux. Espoir en Tête ( soirée cinéma en faveur de la

recherche médicale pour les maladies du cerveau ). Lettre mensuelle du Gouverneur.

**Other district activities:** Twin clubs; Rotaract; Interact; RYLA; Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** USA; Germany; Italy

**District media:** www.rotary1730.org

## France, District 1770

- Le district 1770 couvre l'est de l'Ile-de-France ainsi que l'Oise.

For tourist information, visit: www.tourisme-jouarre.com

**Ongoing, major projects:**

**Other district activities:** International volunteering; Rotaract; Rotary Community Corps;

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Allemagne

**District media:**

# Finland

## Finland, District 1410

- District 1410 is located in southern Finland near the capital area.
- Turku is the biggest city in this district and is famous for its capital history and maritime activities, two universities, and a number of companies.
- Salo, 50 kms from Turku and 120 kms from Helsinki, is a summer city with easy access to lakes and nature in general.
- The district is interested in team exchanges.

For tourist information, visit: www.visitfinland.com; www.visitturku.fi; www.salovisit.fi

**Ongoing, major projects:** available on www.rotary.fi/1410 and www.rotarysalo.fi

**Other district activities:** international volunteering, twin clubs, partnering with other organizations, Rotaract, RYLA, Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rotary.fi/1410

## Finland, District 1430

- District 1430 is interested in both individual and group Rotary Friendship Exchanges.

For tourist information, visit

**Ongoing, major projects:**

**Other district activities:** Project fairs; intercountry committees; partnering with other organizations; Rotaract; Interact; RYLA; Rotary Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Australia, Germany, USA

**District media:** http://rotarypiiri1430.org/

# Luxembourg/Belgium

## Luxembourg/Belgium, District 1630

- D1630 est l'un des 3 districts de la Belgique. Il inclus les Clubs Luxembourgeois.
- Il compte 87 Clubs (39 francophones, 34 néerlandophones, 12 luxembourgeois et 2 germanophones) et quelques 3.600 Rotariennes et Rotariens.

For tourist information, visit : www.opt.be (Belgique); www.tourismewallonie.be (Wallonie); www.infotourim.be (Flandre et la Province du Limbourg); www.luxembourg.public.lu (Grand-duché du Luxembourg)

**Ongoing, major projects:** Le D1630 est l'un des districts le plus engagé dans les échanges de jeunes (SEP), est actif dans les programmes HEP, Bourses du RI, END POLIO NOW. De nombreux Clubs montent des "Grant" avec la Fondation Rotary. Le D1630 a été l'un des 100 districts pilotes dans la première phase de la nouvelle organisation de la Fondation.

**Other district activities:** Twin clubs, intercountry committees, Rotaract, RYLA, Rotary Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** RUSSIE, QUEBEC, TUNISIE, ALGERIE, MAROC, FRANCE, ITALIE, ANGLETERRE, ALLEMAGNE, SUEDE, PORTUGAL, TCHEQUIE, HOLLANDE, TURQUIE,

**District media:** www.rotarybelux1630.org

# Germany

## Germany, District 1900

- District 1900, situated in the center of Germany, is the country's industrial heart.
- The region used to be central to the steal and coal industry but currently specializes in electric and electornic undustrial production.
- District 1900 is dense with cultural heritage with abundant castles, churches, and theaters within close proximity.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

# Greece

## Greece, District 2470

- District 2470 includes Southern Greece and its islands. It consists of 72 clubs of about 1,300 members. Our district and Greece as a whole is an area full of history.
- Visitors can see ancient Greek temples, oracles, theatres, old Christian churches, Byzantine and Venetian castles. Visitors can also admire ruins such as the Acropolis and the Parthenon.
- A few hours from Athens, you can visit the oracle at Delphi, the temple of Poseidon, and the Olympic stadium in ancient Olympia.
- Greece is an ideal place for summer and winter holidays. Many of the world famous Aegean islands, like Crete, Rhodos, Santorini, Kos, and Mykonos, belong to our district.
- There are many superb mountains ideal for skiing and climbing all year around. In Greece you can meet happy people who are always ready to help you. Visitors can also taste delicious Greek food and traditional sweets

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

## Greece, District 2484

- District 2484 is located in nothern Greece and consists of 42 Rotary clubs and 1,000 Rotarians.
- The district is home to some of the most beautiful islands including Corfu, Skiathos, Thassos, Lesvos, and more. The inlands offer fantastic spots for swimming and engaging in water sports along the vast coast of the Aegean Sea.
- District 2484 is also offers excellent attractions for winter vacations including Olympus Mountain (the house of Gods in Greek mythology), Pindos, Paggeo Mountain, and many others.
- Northern Greece, abundant old monasteries and Athos Mountain, is a perfect destination for historic and religious tourism. The great philosophers and scientists of Ancient Greece were born in District 2484.
- Rotarians all over the district are extremely hospitable and welcoming. Almost all of the district's Rotary clubs have community service programs.
- Groups of five to six exchange participants are preferred.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

# Guatemala

## Guatemala, District 4250

- The ideal time to visit District 4250 is between November and May when the weather is pleasant and sunny.
- Many tourist attractions can be found in District 4250, including the old city (a UNESCO heritage cite), Lake Atitlan, the Chichicastenango craft market, volcanoes and beautiful landscape, indigenous Mayan communities, archaelogical sites, and lush beaches along the Pacific and Atlantic Oceans.
- Staple local agricultural production includes coffee, sugar, and rubber.

For tourist information, visit:

**Ongoing, major projects:**

- District 4250 is invovled with many Rotary service projects that address basic community needs.

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

# India

## India, District 3010

- District 3010 is made up of 115 Rotary clubs and over 4,300 members and encompasses the capital city of New Delhi and its surrounding regions.
- New Delhi houses several monuments from the Moghul era and the British rule, world-class museums, and the tombs of famous Indians, such as Mahatama Gandhi.
- Delhi is close to the cities of Agra and Jaipur, each easily accessible for a day visit. Agra houses the famous Taj Mahal, one of the seven wonders of the world. Jaipur, boasts a colorful local culture with grand palaces, gardens, and musuems with artifacts from the days of the Rajahs and Maharajahs in ancient India. Delhi is full of life. It is a place where old survives with the new.

For tourist information, visit:

**Ongoing, major projects:**

- The service accomplishments of District 3010 include the construction of a blood bank, a cancer hospital, an artifical limb making workshop, various public schools, and computer training centers.
- Our district has also provided vocational training such as sewing, embroidery, and stitching classes for underprivelged women. Street children benefit from nutrition, education, and tuition sponsorship at government schools.

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rotary3010.net

## India, District 3020

- District 3020 is located along the north coast of India in Andhra Pradesh.
- District 3020 is in the center of a huge fertile delta formed by two rivers.
- The region is rich in culture and traditions.
- Visakhapatnam is the major city is the district's major city with an international airport offering direct flights to Dubai and Singapore.

For tourist information, visit:

**Ongoing, major projects:** blood banks, eye hospitals, water and sanitation projects, support for basic education

**Other district activities:** Rotary Friendship Exchange, partnering with other organizations, Rotaract, Interact, RYLA, Youth Exchange, GSE

**Skilled volunteers:** doctors and agricultural experts

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.ridist3020.org

## India, District 3030

- Welcome to Maharashtra. A land whose sheer size and diversity will stun you. Enjoy her mountains that stretch out into the mists as far as the eye can see. Her innumerous forts that stand proud and strong. Her scores of temples, sculpted into and out of basalt rock.
- Her diverse and colourful cultures, woven into one gigantic quilt. Her festivals that galvanise the sleepy thousands into fervent motion. And her miles of silver, white beaches, stretched taut and inviting over the entire coast. Welcome aboard a travel package that gives you a glimpse into this vibrant and beautiful land.
- Welcome to Maharashtra. A land untouched, unsullied, unlimited.
- District 3030 is interested in 10 to 30 day exchanges

For tourist information, visit: www.maharashtratourism.gov.in

**Ongoing, major projects:** T-Shirt and Caps for Polio Awareness for a Cycle rally for Polio and Health Awareness to be taken out once every two months; distributing 1000 nail cutters to each club to be given to students, free of cost, as part of a local Adopted School under Hygiene project; each club receives six wheel chairs to distribute to community members in need of the resource; the district assists with a bicycle distribution

**Other district activities:** Rotaract; Interact; RYLA: Rotary Youth Exchange; international volunteering; twin clubs, RCCs; project fairs; partnering with other organizations;

**Skilled volunteers:** We have more than 15 skilled volunteers who offers their services as Cadre advisors and project volunteers who can assist for 8 to 10 day: architects, medical practitioners, engineers, legal advisors, chartered accountants, and more.

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Australia; Brazil; France; Spain; Pakistan; Taiwan; USA

**District media:** www.rid3030.org

## India, District 3040

- Located in the central India, Rotary District 3040 covers part of states of Madhya Pradesh and Gujarat. The district has 79 Rotary clubs and approximately 1850 Rotarians and covers a large and diverse geographical area.
- There are unspoiled forests, rivers and mountains. Many historical places are situated here. This area has a rich tradition of art, handicrafts and tribal arts. It has ancient monuments and heritage places. It provides visitors with a broad overview of Indian culture. People are friendly here and are known for their hospitality.
- The best time for visiting District 3040 is between September and February when the temperature is 18ºC to 27 ºC.
- Bhopal, the capital of Madhya Pradesh, combines scenic beauty, history and modern urban planning. Bhopal today presents a multi-faceted profile; the old city with its teeming market places and fine old mosques and palaces still bear the aristocratic imprint of its former rulers; equally impressive is the new city with its verdant, exquisitely laid out parks and gardens, broad avenues and streamlined modern edifice.
- Surrounding towns are also excellent destinations known for monasteries, temples, sacred islands, rivers, and ornate structural beauty.

For tourist information, visit:

**Ongoing, major projects:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

## India, District 3050

- Rotary District 3050 is located in the northwest of India, covering the state of Rajasthan and its districts of JAIPUR, Kotah, Udaipur, amongst others.
- Jaipur, the Pink City of India, is located on the Golden Triangle of Indian Tourism besides New Delhi and Agra. Famous for forts and palaces, it has rich heritage and cultural values.
- The city of Udaipur, about 300 kms from Jaipur, is also a city of lakes. The government has an excellent system of information and guidance for all the tourist and good set up, making these places number one destination for the visitors in India.
- English is well spoken and understood by most of the people in this region.
- The best time to visit this very colourful and lively district is from December to February.

For tourist information, visit:

**Ongoing, major projects:** Girl child education, water conservation and clean drinking water, medical camps and blood banks, literacy aid in schools, mobile medical centers, book distribution, building libraries.

**Other district activities:** Rotary Friendship Exchanges, international volunteering, twin clubs, intercountry committees, partnering with other organizations, Rotaract, Interact, RYLA, Rotary Community Corps, Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Australia, New Zealand, USA, Sri Lanka, Kenya

**District media:** www.rotary3052.org

## India, District 3051

- Rotary District 3050 is located in the northwest of India, covering the state of Rajasthan and its
- District 3051 comprises of clubs of Kutch, Ahmedabad, north Gujarat and few clubs of Rajasthn.

For tourist information, visit:

**Ongoing, major projects:** Polio eradication; blood banks; schools; medical camps.

**Other district activities:** Rotaract, Interact, RYLA, Rotary Community Corps, Youth Exchange

**Skilled volunteers:** Medical; education.

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rotarydist3051.org

## India, District 3053

- Our district has many Rotary Clubs those cover various place of historic importance:
  GWALIOR : Mrignayani history, King Mansingh & Scindia's with beautiful architecture (www.mptourism.com)
  CHANDERI: very old history associated with Lord Krishna, Jarasandh, and Mughal emperors (www.mptourism.com/web/explore/destinations/chanderi.aspx)

BIKANER-JODHPUR-JAISALMER-ALWAR : www.rajasthantourism.gov.in/Home.aspx

For tourist information, visit:

**Ongoing, major projects:**

- The district's clubs are undertaking Polio eradication, blindness eradication, schools for blinds, clean water availability, toilet facilities, blood donations, and girl's education in rural areas.

**Other district activities:** Twin clubs; Intercountry committees; Rotary Community Corps; Rotary Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rotary3053.org

## India, District 3060

- District 3060, situated in the western part of India, boasts both industry and agriculture. Alphonso mangos grown in our district are famous around the world.
- The district has wonderful beaches, ancient monuments, and world heritage sites. Places like Surat and Baroda are the cultural capitals of Gujarat. We also arrange sight seeing tours for our guests to visit the Taj Mahal, one of the Seven Wonders of the World and other important tourist attractions.
- All the clubs in our district are very keen to participate in this program, and we are able to provide 100% home hospitality to all the visiting team members.
- Rotarians in our district are very friendly and love to make new friends to cherish for a lifetime. We look forward to welcoming you to our district.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

- District 3060 has been participating in Rotary Friendship Exchange for the last 10 years.
- Every year we host at least two to three teams from various districts around the world.
- District 3060's district conference is hosted from 19-21 December; all Rotarian visitors are welcome to attend the district conference.

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rotar3060.net

## India, District 3070

- District 3070 is situated in the northern part of India. It borders Pakistan to the northwest and China along the northern states of Jammu, Kashmir, Himachal Pradesh and Punjab.
- Jammu and Kashmir have beautiful natural landmarks such as the world famous Dal Lake and centuries old Mughal Gardens, and Ladhakh with its extra-terrestrial landscape. It also has urban appeal like the beautiful modern city of Jammu.
- Himachal Pradesh is famous for its natural beauty with places like Dharmshala, residence of living God, H.H. Dalai Lama. Other cities are Billing, Kullu and Manali.
- Punjab is known for its fun and lively culture. Its famous cities are Ludiana – known for its industies, Amritsar – city of the Golden Temple, the Wagha border – with its famous changing of the guards, and the Diwali festival of lights.
- The district prefers exchange with English-speaking countries.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

## India, District 3080

- Located in India, District 3080 is one of the finest districts in the world. It includes sections of the states of Haryana, Punjab, Himachal, Uttrakhand, Uttar Pradesh and the Union Territory of Chandigarh.
- In the north of our district you will find the Himalaya mountains and the beautiful Shimla Hill and Queen of Hill Stations Massoorie.
- Several important holy cities are located in our district including Haridwar, Rishikesh, and Kurushetra.
- Our district is also one of the most diverse and prosperous districts in India with dozens of universities, medical and technical colleges, and thriving agriculture and industries.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rotary3080.org

## India, District 3090

- Rotary District 3090 is situated along the north western border of India and includes areas of three adjacent states of the Punjab, Haryana and Rajasthan. This ancient region has been a cradle of civilization from times immemorial and hence rich in historical and cultural traditions. The oldest Hindu religious book, Rig Veda dating several centuries before Christ was complied in this land. The whole District is dotted with monuments and buildings of historical Interest.
- Geographically in the North of India and near Chandigarh, the District starts from the South of river Sutlej and extends downwards through the fertile plains of Punjab, Haryana and Rajasthan to International border of Pakistan. During summer the temperature varies from 35°C to 45°C and during winter 0°C to 14°C.
- A team of 5 medical professionals from the district are interested in a two week long volunteering exchange

For tourist information, visit:

**Ongoing, major projects:** Polio eradication; water and sanitation; medical health camps; girls' education

**Other district activities:** International volunteering; partnering with other organizations; Rotaract; Interact; RYLA; RCCs; Rotary Youth Exchange

**Skilled volunteers:** Medical professionals (dentists, surgeons, general practitioners)

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rotary3090.org

## India, District 3110

- District 3110 is comprised of 27 clubs is situated under 125 miles from Delhi and houses a number of sites and landmarks for visitors to enjoy.
- The Taj Mahal, one of the Seven Wonders of the World, is located in District 3110. Additionally, Agra, the City of Love, Aligarh, the City of Locks, and Kanpur, the industrial city, can all be found in District 3110. Amongst many natural attractions, the Jim Corbett National Park is located in the district where over 150 tigers can be spotted.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

## India, District 3120

- District 3120, located in northern India, is in a region steeped in religious tradition. It has many Hindu and Buddhist temples and other sacred sites, including the River Ganges.
- The city Allahabad is famous for its Judicial High Court, its university and a prestigious medical school. Varanasi is known for its hand-woven and crafted silk clothing. Lucknow is the capital city and political center of the region. It is an important place for its Muslim culture. Nearby attractions include Buddha's birthplace in Nepal and the Taj Mahal in Agra.
- The best time to visit is between November and March, in which the weather is the best and all of the most exciting Hindu festivals take place. The district has bird and wildlife sanctuaries, as well as many lakes and forests
- District 3120 prefers exchanges with English speaking Rotarians.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

## India, District 3132

- Rotary District 3132 lies in the heart of the Indian subcontinent in western part of Maharashtra state and has myriad of interesting geographic, historical and contemporary attractions.
- Our District is a congruence of various creeds and culture, combination of traditional and enthusiastic events and educational landmarks, exotic natural beauty and architectural monuments, open minded people and their overwhelming hospitality.
- RID 3132 has ideal Indian culture to experience with traditional family systems and represents India in a real sense.
- India is a country of many beautiful destinations, a few of which are in our district: Ajanta Ellora caves at Aurangabad, Kass (The Plateau of Flowers) at Satara, Hill stations like Mahabaleshwar and Panchgani.

For tourist information, visit:

**Ongoing, major projects:** District 3132 is known for successfully conducting an intercontinental medicare project for many years. Many clubs in the district are running schools for hearing impaired students, visually handicapped children & physically challenged children. Some clubs have successfully collaborated on cataract surgeries camps and plastic surgeries camps for many years.

**Other district activities:** International volunteering; twin clubs; partnering with other organizations; Rotaract; Interact; RYLA; RCCs; Rotary Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners: Australia; Brazil; France; Italy; Taiwan; Turkey; New Zealand; UK; USA**

**District media:** www.rotarydistrict3132.org

## India, District 3140

- District 3140 is one of the premier districts from the Zone 4, 5 & 6A of Indian Continent. Located on the beautiful coastline of Arabian Sea and surrounded by the great Sahyadri range of mountains, District 3140 has 125 clubs with a membership of more than 6,500 Rotarians.
- The district covers three large and vibrant cities of Western India: Mumbai, Navi Mumbai & Thane.
- Visitors to District 3140 can enjoy some great tourist attractions like the Gate Way of India, Tiger National Park and a Bird Sanctuary located all at a short drive from Mumbai. The night life in Mumbai is very vibrant and promises a fantastic time. As of 2008, Mumbai has been ranked as an Alpha world city. The city proper is the most populous city in India and the second most populous in the world, with approximately 14 million inhabitants. With very warm locals and friendly Rotarians you can be sure of a great visit.
- Mumbai is the commercial and entertainment centre of India, generating five percent of India's GDP, and accounting for 25 percent of industrial output, 40 percent of maritime trade, and 70 percent of capital transactions to India's economy. The city also houses India's Hindi film and television industry, known as Bollywood. Mumbai's business opportunities, as well as its potential to offer a higher standard of living, attract migrants from all over India and, in turn, make the city a potpourri of many communities and cultures.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rotary3140.org

## India, District 3150

- Lose yourself in the wonder that is Andhra Pradesh. Meander through lands steeped in chivalry and pageantry and explore modern cities that have grown from the roots of a multi-hued past. Make a pilgrimage to holy shrines that echo with tales of antiquity. Frolic on a vast array of golden beaches that dot an enviable coastline. Sport with adventure in style. Let the jungle lure you to a fascinating world at a diverse array of wildlife sanctuaries and parks.
- Hyderabad, the capital of Andhra Pradesh, is the fifth largest city in India. The city thrives with a variety of cultures intermingled into an astounding culture that gives it a distinct identity of its own. Hyderabad offers a variety of tourist attractions ranging from ancient monuments, parks, and museums to delectable cuisine and a delightful shopping experience.
- From the world famous pearls and traditional arts and crafts to modern brand name and ethnic clothing, the city offers an astounding variety of shopping. Hyderabad is famous for its diamond markets and glass embedded bangles. Its unique blend of tradition and technology has attracted multinational corporations like Microsoft, and the state is a leader in information technology, biotechnology, pharmaceuticals, business management, and construction.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rcss.in/friendshipexchange.html

## India, District 3160

- District 3160 is largely an agrarian region, spread out through the two southern Indian states of Andhra Pradesh and Karnataka.
- The area is home to many highly developed industries such as mining (iron ore, gold, mica, and lime stone), steel and cement production, cotton mills, edible oil, handloom, silk sarees manufacturing, cotton, and handicrafts. There are thermal and wind power generation plants as well.

- District 3160 is home to important archeological sites and forts dating back to the 15th Century.
- The Satya Sai Baba Organisation, a well known center for spiritual edification, can be found in this region.
- Because of the expansiveness of the region, the peoples have different cultures and languages. Many tourist attractions can be found at Karnataka State Capital Bangalore located within 200 kilometers of our district.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

## India, District 3201

- District 3201 is one of the most enchanting areas in Southern India. The main cities of interest are Kerala and Cochin.
- Kerala's landscape boasts green forests, hills, rivers, lakes, and beaches. It rains during six months of the year.
- Our district is a significant center of trade in tea, coffee, cardamom, and pepper. Its population is diverse and harmonious.
- The famous temple festival Pooram at Trichur and the Guruvayoor temple are famous landmarks. There are also museums and water theme parks. There are a number of excellent hospitals, which makes medical tourism the latest industry of the district. The natural port of Cochin is being developed as a shipping and energy hub creating strong international ties to our region. Trichur is the cultural capital of Kerala. Kerala has rich religious traditions and there is 100% literacy.
- There are a number of churches, mosques and Hindu temples, which enable the three religions to co-exist in this fertile land between the mountains and the sea. Christianity has traditions from the days of St. Thomas, one of the apostles of Christ, who is supposed to have come to Kerala in AD 52.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

- The district has hosted exchanges with Canada, USA, New Zealand, and Sweden.

**District media:** www.rotary-district3201.org

## India, District 3211

- District 3211 is situated between the Arabian Sea and the Western Ghates and consists of five southern Revenue Districts of Kerala: Trivandrum, Quilon, Pathanamthitta, Alleppey, and Kottayam. All Rivers flows from the east to the west through the fertile midlands and joins different Lakes which are all connected to the Arabian Sea in the west.
- Fruit and vegetable cultivation, fishing, milk producing, cashews, coir and weaving industries are the main factors of economy.
- Hindus, Muslims, and Christians live together in religious harmony in District 3211. Some of the district's tourist attractions include world renowned beaches, inland water transportation, and tourism facilities, Hill Station Resorts Wild Life Reserves, fine arts and dramatic theaters, Grand Onam and other festivals, and snake boat races.
- People are very friendly and interested in the development of international understanding along with goodwill and peace.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

## India, District 3230

- District 3230 consists of 115 clubs in and around Chennai, India, and is part of Rotary Zone 5.
- Chennai, located on the Coromandel Coast off the Bay of Bengal, is the capital city of the Indian state of Tamil Nadu. It is a major commercial, cultural, and educational center in South India.
- Exchange participants looking forward to an experience filled with abundant culture and tradition will be awed by Chennai. Chennai nurtures a rich history of culture and art and houses a vibrant music and dance scene. The city is known for its classical dance, Bharatanatyam, classical Carnatic music around which there are festivals held every year in different temples and social gatherings.
- Chennai, while embracing cuisines from around the world, is successfully retaining its indigenous favorite- Idly, Dosa,

Pongal- served with steaming hot Filter Coffee. Starting from the street carts, to the best food available world over, you get it all here!

- District 3230 is a place where there is a beautiful, harmonious, almost symbiotic co-existence between the traditional and the modern. It is a melting pot of various religions and cultures, all co-existing in peace and happiness. Family ties are the key to successful relationships which is the bedrock of the Indian custom. Come and experience the hospitality that is part and parcel of both South India and RI District 3230!

For tourist information, visit:

**Ongoing, major projects:**

- During Rotary Year 2012-13, District 3230 will be focusing on the *Happy Village* initiative where 100 villages will be taken up for an all-round improvement by Rotarians of District 3230. Improvement projects include providing clean drinking Water, improving sanitation and hygiene practices, expanding education opportunities for girls, vocational training, environmental awareness and global warming prevention, quality health care, etc.

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

## India, District 3250

- District 3250 consists of two Indian states: Bihar and Jharkhand.
- The country is known for Unity in Destiny for its many religions. Sikhism, Buddhism, and Jainism are believed to have originated from Bihar. It is also widely held that Buddha reached enlightenment in Bihar. Patna, the capital of Bihar, hosts impressive historic museums.
- District 3250 widely displays art and culture in all of its cities.
- The district will also organize a trip to visit New Delhi, the capital, and the world famous Taj Mahal in Agra for all exchange participants.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:** Rotaract; Interact; RYLA; Rotary Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Australia; Brazil; USA

**District media:**

# Israel

## Israel, District 2490

- District 2490 consists of all 59 of Israel's diverse Rotary clubs: one English speaking, 53 Hebrew speaking, and five Arabic speaking clubs.
- This relatively small country has been the crossroads between Africa, Asia, and Europe for thousands of years. Israel has a rich history, many locations of significant religious importance, and inspiring archaelogical sites. The region has fantastic health resorts. Israel has seen rapid economic growth as a world leader in high tech industries, agricultural technology, and business startups.
- Israel is a popular tourist destination and an important pilgrimage site for Christiams, Muslims, Jews, Baha'I, and other faiths. While Jerusalem is a popular destination, the Sea of Galilee, the Mediterraenan coast, and the resort port of Eilat on the Red Sea are also major attractions.
- Israel is a most fascinating destination for Rotarians interested in humanitarian service projects, as the country has a vast array of exemplary health projects, amongst others. Israeli social welfare and education services, along with humanitarian projects such as the renowned "Save a Child's Hearth" (SACH) project where many children from less developed countries including The Palestine Authority, Iraq, and others were successfully treated, serve as models that are being replicated in other countries.
- Israel is amongst the most advanced countries in the world in the field of water treatment with a focus on solving the problems of water pollution.
- The district prefers exchange groups of three to five couples who plan to stay 10-14 days.
- District 2490 has a number of Rotarians who are fully qualified, licensed tour guides who will help make site seeing even more enjoyable. The district's tourist facilities rival the best in the world – wonderful food, tremendous hospitality, and a relaxing ambience with a pleasant climate.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**
http://www.rifriendshipexd2490.homestead.com/index.html

# Italy

## Italy, District 2040

- District 2040, comprised of 86 Rotary clubs and about 5,000 members, is located in northern and central Lombardy, a region of Italy. The capital, Milan, is home to one sixth of Italy's entire population.
- One fifth of Italy's GDP is produced in Lombardy, making it the most populous and rich in the country, if not all of Europe.
- Milan is recognized internationally as one of the world's most important fashion capitals. It is also known for its extensive commerce, industry, music, sport, literature, art and media. World-renowned attractions include the fashion houses and shops, museums, theatres, opera houses, universities, palaces, churches, libraries and football.
- Milan is a major financial and business center. It is the seat of the Italian Stock Exchange. And with 39 university centers, its population has the largest number of university graduates and post graduates in Italy.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rotary2040.it

## Italy, District 2050

- District 2050, located in Lombardy, Italy, includes 66 clubs.
- Lombardy, the most populous region of Italy, is an unforgetable tourist destination offering beautiful scenery, a wealth of historic architecture, and exquisite food and wine.
- The region is an architectural gem as many of its provinces display intricately designed buildings and statues. Cities such as Pava retain medieval impressions through its churches and palaces. The peninsula of Sermione, attracts tourists with its remarkable Roman and medieval remains.
- Milan, the capital of the region, is the most modern and progressive city in the area. Milan, known as the fashion capital, displays progressive styles and trends; the city offers trendy shows and exhibitions, sporting and cultural events, and displays strong artistic influences, including a large original painting of Leonardo Da Vinci's "The Last Supper".

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rotary2050.org

## Italy, District 2080

- District 2080, located in Italy, offers a lot of diverse agriculture, tourism, and history.
- The district is interested in participating in individual and time Rotary Friendship Exchanges.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:** New Generations, intercountry committees, partnering with other organizations, Rotaract, RYLA, Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** France, England, Finland

**District media:** www.rotari2080.org

## Italy, District 2100

- The territory of District 2100 (Calabria, Campania, and Lauria) is among the most interesting archeological sites in the world.
- Pompei, Ercolano, and the Magna Grecia museums of Reggio Calabria are only a few of the examples of the attractions this area has to offer.
- The coast of Campana and Calabria are beautiful (Amalfi Coast, Capri Island, etc.) and the mountains represent the final touch of this breathtaking and friendly territory.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rotary2100.it

# Jordan

## Jordan, District 2450

- District 2450 is unique in many different ways: the district is composed of 10 countries and streaches across three continents (Africa, Europe, and east Asia).
- A few of the major attractions found in District 2450 include Egyptian pyramids, Byblos in Lebanon, the holy sites of Palestine/Jerusalem/Bethlehem, and the Nabatean city of Petra in Jordan.
- District 2450 is interested in individual, team, service, and univocational exchanges.

For tourist information, visit: Cyprus, Egypt. Jordan, Lebanon, Bahrain, United Arab Emirates, George, Armenia, Palestine

**Ongoing, major projects:** water filtration and human care

**Other district activities:** twin clubs, intercountry committess, partnering with other organizations, Rotaract, Interact, RYLA, Rotary Community Corps, Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rotaryd2450.org

# Malaysia

## Malaysia, District 3300

- District 3300 is located in Malaysia, a unique country without parallel.
- With three major cultural groups (the native Malays, migrant Chinese, and Indians), our district is vastly diverse in race, ethnicity, religion, traditions, and culture. The inter-fusion of the three major races, cultures, and religions in addition to minority ethnic fusion makes Malaysia a melting pot of global cosmopolitan.
- The district offers many attractions to tourists. The Twin Towers, KL Telecommunication Towers, and the Flag Pole at Independence Square are some of the tallest in the world. Numerous museum and parks are dispersed all over the country. Formula 1 and GP Moto are popular at the International Sepang Circuit.
- Tourism is the second largest industry of the economy. Malaysia has all the amenities and infrastructure for travelling tourists. Grand celebrations of the four major festivals takes place annually including the Muslim holiday of Hari Ray, the Chinese New Year, the Hindu holiday of Deepavali by Hindus, and the Christian holiday of Christmas. Year-end school holidays, festivals, and the New Year are times of major discounted shopping and celebrations.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Germany, USA

**District media:** www.rotaryd2450.org/index.asp

## Malaysia/Singapore/Brunei, District 3310

- Sunny Rotary District 3310 includes 62 Rotary clubs and 1900 Rotarians. This unique international district encompasses Singapore, Brunei, the West Malaysian states of Johor & Malacca and the East Malaysian states of Sarawak & Sabah. The diverse people in District 3310 are multi-racial, multi religious, and multi-cultural and very hospitable. Rotarians here love to make new Rotarian friends from the various parts of the world.
- The weather is generally warm and humid throughout the year, with temperatures ranging from 25 to 34 degrees Celsius. Monsoon season (November to February) brings heavy rain.
- Singapore (Lion City), situated south of Peninsular Malaysia, is an island nation renowned for its large air and sea ports, convention centers, and international banking facilities.
- Brunei, a nation rich in oil, is situated between Sarawak and Sabah. The country was a British protectorate until its independence in 1984.
- The West Malaysian state of Johor, the southern gateway to Peninsular Malaysia and Singapore's closest neighbor, is bestowed with idyllic and sandy beaches and excellent diving spots in Pulau Tioman (Tioman Island) off the coast of Mersing.
- Malacca, a historical world heritage city, was colonized by the Portuguese in 1511, the Dutch in 1641 and the British in 1824 until it gained independence in 1957, has much to offer the visitor. Sarawak, Land of the Hornbills, was once ruled by the "White Rajahs", namely the Brooke family, is a popular tourist destination.
- Places of interest include the Niah & Mulu Caves and the Sepilok Orang Utan Sanctuary. Sabah, Land Below the Wind, boasts of its highest peak in South East Asia, Mount Kinabalu, with its rare and diverse flora and fauna and home to the world's largest flower, the Rafflesia

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:** twin clubs, Rotaract, Interact, RYLA, Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

- District 3310 is new to the RFE program and is interested in exchanges with three to five English speaking Rotarians with 10 and 14 day stays.

**District media:**

# Mexico

## Mexico, District 4150

- District 4150 includes beaches in Puerto Vallarta and Mazatlan and colonial cities like Tonala, Guadalajara, and Tequila.
- District 4150 prefers exchanges with clubs in modern cities with expertise in technological development.

For tourist information:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

## Mexico, District 4180

- District 4180 lies in the south of Mexico, encompassing the states: Guerrero, Morelos, Puebla and Tlaxcala.
- The temperature is warm year round. There are diverse attractions for visitors to our district. The most famous are Acapulco beach and impressive archaeological sites. There are zoos, fairs and festivals, museums, crafts, jewelry, woodworking, stone masonry and silver-working. Visitors will greatly enjoy the cuisine, which has the diverse flavors of Mexico.
- The district is interested in hosting exchanges with districts in Brazil, Argentina, Puerto Rico, and Peru.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**

## Mexico, District 4190

- District 4190 mostly lies within the state of Veracruz, and extends into Oaxaca, covering the El Tajin archaeological zone. This pre-Columbian city is a World Heritage Site and a wonderful example of architecture and civilization in Mexico.
- The three most important commercial ports in Mexico are located in Veracruz. The district has 745 km of coastline. Sun, surf, sand and sea are a part of every vacation. With destinations like Costa Esmeralda, Roca Partida, La Mancha and Anton Lizardo, Veracruz beaches offer fun and relaxations.
- District 4190 partakes in numerous annual celebrations and festivals including the Spring Equinox 17 to 21 March and the famous Candleman Fair (*Feria de la Candelaria*) on 2 February. We offer vibrant culture and invite you to get to know us and our wonderful surroundings!
  The district prefers a 10 to 15 day exchange with couples to learn about new cultures and visit new places around the world.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotary4190.org/abc.php

# Netherlands

## Netherlands, District 1570

- District 1570 is located in the heart of the NetherLands. Major tourist attractions including Amsterdam and Rotterdam are located within an hour of the district.
- Utrecht is the name of our Province as well as our capital. Utrecht is smaller than Amsterdam and less touristic, but much older and has a beautiful center around our Dom-church and Dom-tower. Around the city you will find countryside with lots of variation (rivers, woods and meadows) with lots of old buildings (castles) with a rich history.
- The district is interested in individual and team exchanges.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:** international volunteering, twin clubs, intercountry committees, partnering with other organizations, Rotaract, RYLA, Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Brazil, United States

**District media**: www.rotary.nl/d1570/

# New Zealand

## New Zealand, District 9930

- District 9930 is well situated south of Auckland City (City of Sails) with popular tourist areas to visit, like the Waitomo Caves and Rotorua with its widely acknowledged thermal regions, to the scenic bush clad mountains and wide white sandy coastal beaches.
- Regions to visit include the fertile Waikato Basin, Bay of plenty, Gisborne, Hawke Bay, reknowned for its excellent wines, Taupo and Rotorua.
- Our Rotary Friendship Exchange programme involves 15 days, hosted by five Rotary Clubs for three nights each. The visiting group normally consists of twelve people. Transport around the district is usually by drive yourself 12 seater modern rental vans.
- Our areas of interest include France, and any other European country, as well as Canada, USA, British Isles, and South America.
- In District 9930, the hosting Rotary clubs are arranged so that visiting groups are hosted with Rotary clubs normal meeting times; this widens and enhances Rotary Fellowship. Visitors usually bring a CD PowerPoint presentation and are invited to address our Rotary clubs.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

- District 9930 is very experienced at hosting with four to five RFE teams in and out of the district each Rotary year. The district has established a busy Rotary Friendship Exchange programme and all 54 Rotary member clubs are eager participants.

District media**:** www.rotary.org.nz/information.cfm?ID=320
www.9930.rotary.org.nz

## New Zealand, District 9970

- District 9970 covers the top half of the South Island with arguably the best scenery in the country.
- The Southern Alps form the backbone of the country; to the east are the Canterbury Plains with Christchurch as the biggest city; to the west is sub-tropical rain forest while to the north is Nelson and the picturesque Marlborough Sounds.

For tourist information, visit:

**Ongoing, major projects:**

- Several clubs run very successful Book-a-ramas and weekly flea markets.
- Charity balls, gift wrapping at Christmas, boat shows, fundraising for the Charity Hospital and numerous other charity organizations.

**Other district activities:** Rotary Friendship Exchange team exchanges; international volunteering; twin clubs, project fairs, partnering with other organizations, Rotaract, RYLA, Rotary Youth Exchange

**Skilled volunteers:** Several district members have been to Tanzania/Kenya to undertake projects including water installation, establishing market sites, and implementing agriculture projects.

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.D9970.rotarysouthpacific.org

## New Zealand, District 9980

- District 9980 has 31 Rotary Clubs with 1,300 members, and covers the southern half of the South Island of New Zealand. The district encompasses the provinces of South Canterbury, Otago and Southland and contains many of New Zealand's renowned tourist attractions such as Dunedin, Invercargill, Timaru and Queenstown. This very scenic part of New Zealand includes the beautiful southern lakes of Manapouri, Te Anau, Wakatipu and Wanaka. Lakes Pukaki, Tekapo and others form part of a hydroelectric power generating system and are also used for recreation by the locals.
- Other district scenic highlights include New Zealand's highest mountain Aoraki/Mount Cook in the Southern Alps, the magnificent Milford Sound, and the dramatic landscapes of Central Otago and the Mackenzie Country.
- Coastal areas are home to various species of penguins. Rare prehistoric tuataras can be viewed in captivity at a breeding program at the Southland Museum. Just a 20 minute scenic flight from Invercargill there is a 160,000 hectare island; Stewart Island. It is a haven for native birdlife. The region offers a wide diversity of other features

including glow worm caves at Te Anau, a petrified forest at Curio Bay, Maori rock drawings, once vibrant gold field townships and several National Parks including Fiordland (New Zealand's largest national park, which extends from high mountains right down to remote and rugged coastlines), Aoraki/Mount Cook and Mount Aspiring. A district visit takes about two weeks

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**
http://www.rotarysouthpacific.org/committee.cfm?ID=307

# Nigeria

## Nigeria, District 9110

- District 9110 is situated in the South Western Part of Nigeria covering the States of Lagos and Ogun within the West African Country.
- Lagos and Ogun States of Nigeria are arguably the most industrialised in Nigeria, with Lagos State taking the lead as the commercial capital, hosting the major sea and airports. It is also home to corporate headquarters of most banks, financial institutions and commercial enterprises.
- Tourists' favorites are Olumo Rock and the tie and dye (adire/batiq) cotton dresses-making communities of Ogun State, the various private and public beaches in Lagos State, and various art and historic museums.
- District 9110 consists of about 1,900 Rotarians of diverse classifications and approximately 80 Rotary Clubs.
- The district would like to host visitors between March and May and visit their RFE partners between January and March.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: http://www.rotary9110.ng.org

## Nigeria, District 9125

- District 9125 was formed during the 2006-2007 Rotary Year with the merging of former Districts 9120 and 9130.
- District 9125 occupies part of western and northern Nigeria with a population of about 97 million people. The district is rich in agriculture and cultural and ethnic diversity.
- District 9125 offers many historical and cultural attractions including former capital cities of Ibadan and Kaduna. The Niger and Benue Rivers meet in the city of Lokoja, a popular tourist destination.
  Kano, located in the north, is the birth town of Nigeria's first Rotary club and the home of RI's first black president.
- Abuja, the capital of Nigeria, is one of the country's most modern cities and houses the United Nations office, the European Union Complex, and Economic Community of West Africa (ECOWAS) headquarters. Many other attractions ranging from amusement parks to museums and cultural complexes can be found across the district

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

## Nigeria, District 9140

- District 9140, Nigeria's largest district, has over three thousand Rotarians and spans across 11 states in the south and south east zones of the country.
- Home to 105 Rotary clubs, the district has been active participants in major TRF programs including GSE and RFE.
- Nigeria is an emerging economy rich in culture and tourism. The country has a population over 150 million and offers a wide range of opportunities for networking, investments, tourism, cultural exhibits, and vacationing.
- The weather condition is generally warm and friendly with rain showers between the months of June and October.
- Nigerians are naturally hospitable.
- The district prefers exchanges between one and three months in length.

For tourist information, visit:

**Ongoing, major projects:** water and sanitation projects, Safe Blood Africa projects

**Other district activities:** International volunteering; project fairs, partnering with other organizations, Rotary Ideas, Rotaract, Interact, RYLA, RCC;

**Skilled volunteers:** Medical volunteers; medical laboratory science volunteers; university education volunteers; and a number of CADRE members

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Israel; Mexico; USA

**District media:** www.rotaryd9140.org

# Pakistan

## Pakistan, District 3272

- District 3272 is interested in exchanges up to a month in length.

For tourist information, visit:

**Ongoing, major projects:** Long-term partnership with the Rotary Wilmington Club

**Other district activities:** Twin clubs; partnering with other organizations; Rotaract; Interact; Rotary Community Corps; Rotary Youth Exchange

**Skilled volunteers:** We can offer training in sports like field hockey, cricket and squash. We also have medical doctors and IT consultants interested in volunteering their skills

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** USA

**District media**:

# Peru

## Peru, District 4455

- Peru milenario / mysterious world-peru / peru now

For tourist information, visit:

**Ongoing, major projects:** Water projects; filtros bio arena

**Other district activities:** Twin clubs; partnering with other organizations; Rotary Community Corps; Rotary Youth Exchange; soy cow machine; soy bread bakery; clinics and medical assistance

**Skilled volunteers:** water and sanitation

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**:

# Philippines

## Philippines, District 3800

- District 3800 is located in the Philippines, the third largest English speaking nation in the world. The first Rotary club in Asia was charted in District 3800 in 1919.
- Only in the Philippines can you can find the smallest volcano, the smallest fish, most perfectly shaped volcano in the world, and the most varied culture in Asia.
- The Philippines has the longest Christmas celebration in the world, from December 16 to January 6.
- Filipinos are known for their charming and warm hospitality. Guests are revered and treated like royalty. Visitors will enjoy the diversity of our intricate culture with its Spanish, Dutch, British, Japanese, and American influences.
- Visitors will luxuriate in the fabulous landscape of our country. Our beaches are among the finest in the world with untouched coral reefs. The countryside is full of fascinating attractions, such as the Pagsanjan Falls, two thousand year old hand carved Banawe rice terraces, the Corregidor Island, the famed McArthur Suite in the Manila Hotel, the bountiful tropical fruits, and colorful exotic flowers . Most importantly, the beautiful smile of Filipinos will melt your heart and make you want to stay.
- District 3800 prefers exchanges with Rotarian couples.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.ridistrict3800phil.org

## Philippines, District 3810

- District 3810 is composed of clubs in the area of Manila, Pasay, Cavite and Occidental Mindoro.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**:

## Philippines, District 3820

- District 3820 consists of the provinces of Laguna, Batangas, Quezon and Bicol, and the Islands of Marinduque, Romblon, and Mindoro.
- Laguna, the "Resort Province of the Philippines", is a haven of fresh and pristine bodies of water including hot springs, lakes, and waterfalls. Laguna is known for its beautiful rapids, lakes, and springs. The town of Paete is famous for its woodcarvings, papier-mâché, and handmade paper products.
- The province of Batangas, surrounded by water, is famous for its beaches, marine life, and flora. Batangas is famous for its diving sites and the world's lowest volcano. The unique festival called Parada ng Lechon (roasted pig parade) is celebrated in June in Batangas at Balayan Batangas,
- The Quezon province, about a two hour drive from Laguna and Batangas, celebrates one of the country's most extravagant festivals, the Pahiyas Festival, on 15 May. The festival, originating in the 16th century, is a way for the local folk to give thanks to a bountiful harvest

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotary3820.org

## Philippines, District 3830

- District 3830 is located in the Philippines and is led by FC District Governor Robert Kuan. The district has about 85 Rotary clubs and over 2,500 Rotarians.
- District 3830 includes the Metro Manila cities of Makati (the country's financial district), Parañaque, Muntinlupa, Las Piñas, Taguig, and Pateros. The district also encompasses the island of Palawan, a well-known tourist destination for its white sand beaches, resorts, and the Underground River (the 7th Wonder of the World).
- The hospitality and warmth of the Filipinos can be felt all year round. December, January, and March are good months to visit the Philippines due to the many festivities and celebrations.
- There are at least 7,100 islands to visit and explore in the country. There are several parks, museums, restaurants, malls, and entertainment sites to visit. Golf enthusiasts will enjoy our golf courses.
- While there is a local dialect, English is widely spoken. The slogan of our Department of Tourism is "It's more fun in the Philippines". We invite you to find out why.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

- Important events during Rotary Year 2012-13:
  - RCC Distas (16 Sept)
  - On to Lisbon (22 Sept)
  - Rotary Peace Festival (28 Sept)
  - DIscon Launch (20 Oct)
  - RYLA (10-11 Nov)
  - TRF dinner (14 Nov)
  - District Christmas Fellowship (14 Dec)

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**

## Philippines, District 3850

- District 3850 is composed of 52 clubs.
- Philippines is called the land of Smiles and when you meet a Rotarian from District 3850 they are smiling from ear to ear!
- We invite you to come visit our district and visit our Rotarians; it will be an experience you will cherish for the rest of your life and make friendships that will last a lifetime.
- We are eager to have an active Friendship Exchange during Rotary year 2013-14 and we welcome fellow Rotarians to come visit us and see our wonderful country.
- Please visit our District Web Site and see just what our clubs are doing then contact the RFE district chair to plan a friendship exchange. We're excited to see and welcome all interested Rotarians.

For tourist information, visit:

**Ongoing, major projects:** "Boys and Girls week projects"; feeding programs; building water systems; organizing medical and dental missions; literacy projects; building school libraries

**Other district activities:** partnering with other organizations, Rotaract, Interact, RYLA, Rotary Community Corps, Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

Feeding project; Boys and Girls week; Book distribution; Safe drinking water

**Recent friendship exchange partners:**

**District media:** www.rotary3850.org

# Poland

## Poland, District 2230

- District 2230, formed by Belarus, Poland, and Ukraine, currently has 122 clubs (three in Belarus, 73 in Poland, and 46 in Ukraine).
- The district spans over a large territory of land and is home to a variety of diverse cities and attractions from the Baltic Sea to the old city of Gdansk to the Black Sea with the beautiful city of Yalta, and Odessa.
- Most towns in District 2230 have more than one thousand years of history. A few of the most popular tourist destinations include Krakow, the old city on the Vistula River, the Wawel Royal Castle one of the Seven Wonders of the World, many valuable monuments and architectural sites across Lodz, Piotrkowska Street, and one of Europe's longest eclectic pedestrian streets.
- Warsaw, Poland's capital and largest city, is the center of scientific, cultural, political and economic in Europe.
- Gdansk, a port city situated on the Baltic Sea, is the cultural, scientific, economic, and transportation hub of northern Polish. Gdansk is considered the symbolic place of the outbreak of World War II and the beginning of the fall of communism in Central Europe.
- Lviv  the capital of Ukraine, situated on the river Peltwia, is an important industrial and academic center. Old Town in Lviv was inscribed on the UNESCO World Heritage Site.
- A number of cities in District 2230, including Poznan and Lviv, will be hosting the UEFA Football Championship Euro 2012.
- The district is interested in individual and team exchanges.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:** InterCountry Committees; twin clubs; project fairs; partnering with other organizations; Rotaract; Interact; RYLA; Rotary Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotary.org.pl

# Romania

## Romania/Rep. of Moldova, District 2241

- District 2241, situated in southeastern Central Europe, is an international district which includes clubs in Romania and Republic of Moldova. The district has over 3,000 Rotarians with 102 clubs in Romania and four clubs in the Republic of Moldova – all pleased to extend the warmest welcome to visiting Rotarians and their families.
- The most favorable time to visit this region is between the months of April and October.
- Romania's territory features splendid mountains, beautiful rolling hills, fertile plains, and numerous rivers and lakes.
- The legendary Danube River along with Medieval towns, fortified churches, painted monasteries, wooden masterpieces and ancient Dacian ruins are just some of the attractions that make up Romania's exceptional cultural heritage. 25 of its beautifully preserved architectural gems have been included by UNESCO in the World Cultural Heritage.
- District 2241 covers an area rich in agriculture, industry, and history featuring world renowned wines and medieval architecture.
- Other major natural attractions include the Iron Gates (Danube Gorge) and Scărișoara Cave.
- Romania boasts many splendid attractions including the city of Sibiu, the Hunyad Castle, the picturesque city of Hunedoara, and resorts such as Băile Felix, Băile Herculane, and Băile Tușnad.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotary2241.org

# Russia

## Russia, District 2220

- District 2220 is interested in team exchanges.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.2220.ru

# South Africa

## South Africa, District 9320

- South Africa and particularly the Eastern Cape is a district of many contrasts. The Eastern Cape offers its visitors beautiful white beaches, game reserves where a visitor can take in the "Big 5" animals of Africa, and the mountains. Beach hikes and bird watching are also a must. The start of the Transkei Wild Coast is a two hour car trip from East London.
- We have it all in the Eastern Cape. From East London our visitors can drive to Cape Town via the Garden Route. Cape Town is 1100 km from East London.
- Our summers are hot and our winters are cool. The best time of the year to plan a visit, weather-wise, would be from February to May.
- District 9320 prefers exchanges with English-speaking Rotarians.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotary9320.org.za

## South Africa, District 9350

- Distrcit 9350 encompases Cape Town with its meditaranian climate any rain winters.
- The dostroct is in the Southern hemisphere so winter is June to end August.
- We have a host of interesting scenic sites, from the winelands to coastal forests, wild life, etc.
- Our District also includes Namibia and Angola and we have one of the largest geograhical districts in RI.

For tourist information, visit: www.capetown.travel

**Ongoing, major projects:** The Argus Cycle Tour, Rotary Family Health Days - Three days of testing for aids, TB, blood pressure, cholesterol, immunization against TB, Measles, Polio and education about diet, hand washing, dental health etc. This is a District wide campaign and most clubs participate in May each year. Clubs also participate in Literacy and child care, Aids orphans etc.

**Other district activities:** Rotary Friendship Exchanges, Rotaract, Interact, RYLA, Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Australia, England, United States, Sweden, Japan

**District media**: www.rotary9350.co.za/default.asp

## South Africa, District 9400

- Let the renowned warmth of our sun be reflected in Rotary home hosting for a memorable and exciting visit. While all of its diverse regions offer ample opportunities for adventure travel, the focus in D9400 is the safari.
- D9400 embraces the Northern Provinces of South Africa, Swaziland, Botswana and Southern Mozambique. South Africa - Experience the wonder of nature with our diverse wild life and or a visit to a World Heritage site, The Cradle of Mankind. Botswana - The abundance of wild life and the booming diamond industry makes it a country worth visiting. Swaziland - Well known for its culture. Umhlanga, in the months of Aug/Sept and Incwala, the dance of the kingship held in Dec/Jan. Mozambique a coastal country with rich and extensive natural resources.

For tourist information, visit:

**Ongoing, major projects:** Rotary Family Health Days, an innovative campaign providing free health-care services to tens of thousands of people in underprivileged communities. The program addresses Africa's most pressing health challenges, including HIV/AIDS, tuberculosis, malaria and reproductive health, as well as conditions such as diabetes and hypertension. An important component is immunizing children against polio, measles and other vaccine-preventable diseases. Unsafe water, inadequate sanitation and poor hygiene results in a high number of preventable deaths of children. Our second largest projects involve water and sanitation and so improves the lives of people living in rural communities.

**Other district activities:** Twin clubs; Intercountry Committees; Partnering with other organizations; Rotaract; Interact; RYLA; Rotary Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Canada, India, Sweden

**District media**: www.rotary9400.co.za; www.facebook.com/rotaryd9400

# Sri Lanka

## Sri Lanka, District 3220

- District 3220 is a much sought after tourist destination

For tourist information, visit: www.srilankatourism.com

**Ongoing, major projects:**

**Other district activities:** International volunteering; twin clubs; partnering with other organizations; Rotaract; Interact; RYLA; RCC; Rotary Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** India; Malaysia; Singapore; Turkey

**District media**:

# Sweden

## Sweden, District 2340

- District 2340 is situated just above the big lakes Vänern and Vättern. The district is full of life with magical forests and forest lakes. The landscape provides many opportunities for tourist activities.
- District 2340 consists of three regions, each with a small capital: Västerås, Örebro, and Karlstad.
- The mining industry can be found in the north of Sweden. The vein of ore which springs from District 2340 has contributed to its prospering industries.
- Westwards from Västerås rests Närkeslätten, representative of the agricultural landscape that can mainly be found in the south of Sweden. Karlstad is situated on Lake Vänern. Vänern, known for its beautiful beaches, is the largest lake of Sweden and the third largest lake in Europe. The far western region of the district contains dense forests, rich in both beaver and elk.
- The best time to visit Sweden is from early May to late August.
- District 2340 prefers to host groups no larger than twelve people at one time.

For tourist information, visit:

- Västerås: www.vasteras.se
- Örebro: www.orebro.se
- Karlstad: www.karlstad.se

**Ongoing, major projects:**

**Other district activities:** Rotaract, RYLA Rotary Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Argentina, Canada, Philippines, New Zealand, Taiwan, USA

**District media**: www.rotary.se/D2340; www.facebook.com/Rotary2340

## Sweden, District 2360

- District 2360 is situated in the Western part of Sweden on about 300 km coast and a large archipelago. Continuing inland from the coast visitors are greeted by a landscape of deep forests dotted by small lakes and charming towns.
- Bohuslän is the coastal province between Gothenburg and the Norwegian border. It offers a unique archipelago with its rocky landscape and captivating coastline – a summer delight and holiday paradise for sailors and sun-worshippers. The 3000 year old rock carvings in Tanum are a UN World Heritage Site. Marstrand is a famous small town in Bohuslän and is renowned for its boating culture as well as for the Carlsten Fortress and its more than 350 years of dramatic history.
- Dalsland is the northern part of our district and offers deep forests and many lakes. The forests here are rich in both beaver and moose. The beaver is Europe's largest rodent and lives in family groups, by lakes and waterways. The moose is Europe's largest land animal and there are many of them in Dalsland.
- East of Gothenburg you will find many towns with a mixture of large and small factories. Borås is the centre of Swedish textile industry and is host to lots of quality shopping as well as low-price outlets.
- South of Gothenburg you will find Varberg. The city is located in one of Sweden's most expansive regions and is a busy tourist city in the summer time. Varberg has a major shipping port and a historic fortress.
- The district weclomes both long weekend exchanges and two week exchanges of groups no larger than 12 people.

For tourist information, visit:
www.vastsverige.com/en/bohuslan
www.goteborg.com/en
www.vastsverige.com/en/Kungsbacka
www.vastsverige.com/en/Boras
www.vastsverige.com/eh/Vastsverige/

**Ongoing, major projects:** Construction of a school in Colombia, Rotarian Doctors in Africa,

**Other district activities:** Twin clubs, Project fairs, Rotaract, Rotary Youth Exchange,

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Australia, New Zealand, Sri Lanka, India, Scotland, USA

**District media**: www.rotary.se/

## Sweden, District 2380

- Rotary District 2380 is located in the middle of southern Sweden. It is an agriculture and forest landscape with plenty of lakes and plains. The two largest lakes in Sweden are within our district. The lakes have nice clean water with fishing opportunities.
- The industry in the district is diversified and several companies are subcontractors for Automotive industry. The farming and food processing industries are dense. We have a high level of family owned enterprises.
- Visitors will enjoy a lot of places important for early and modern Swedish history.
- Our cities are small but very picturesque and a lot of them with long history. The biggest one, Jönköping, has 120,000 inhabitants. The district has five universities.
- The best time to visit Sweden is from May to September

For tourist information, visit:

**Ongoing, major projects:**
Five ongoing Matching Grants: West Bengalen: eye surgery in remote district; South Sudan: environmental equipment for hospital; Zimbabwe: water and sanitary in a school; Kosovo: water project; Brazil: tree plantation after big landslide.

**Other district activities:** Rotary Friendship Exchange; international volunteering; project fairs; RYLA; Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Turkey, Australia

**District media**: www.rotary.se/D2380

## Sweden, District 2400

- With lovely beaches, deep forests, nice fishing waters, great shopping, a variety of festivals, and many other attractions, there are attractions for everyone in District 2400.
- The main city in District 2400, Halmstad, offers a variety of indoor and outdoor attractions including sports, natural beauty and wild life exploration, shopping, a variety of restaurants, museums, gallaries, a vibrant night life, and much more.
- The city of Karlskrona became item number 560 on UNESCO's list of irreplaceable World Heritage Sites. In an international context, the city is of major importance, representing an unrivalled illustration of how a fortified naval town and base from the seventeenth and eighteenth centuries was planned and established.
- Åhus is an idyllic place with half-imbered houses along narrow, winding streets and one of Sweden's most beautiful old squares that goes back to the Middle Ages.
- Växjö, well known for its rich history, survived the middle ages despite being burned down many times. Today, Växjö is an expansive city; some well-known profiles from Växjö are the scientist Carl von Linné, the Swedish Royal Court Songstress Christina Nilsson, the writer Elin Wägner and the Noble Prize winner in literature Pär Lagerkvist, track and field star Carolina Klüft, tennis player Mats Wilander, the musicians The Ark and the winner of the Eurovision Song Contest, Charlotte Perelli.
- The district is interested in team and individual exchanges

For tourist information, visit:
- Halmstad: www.halmstad.se
- Karlskrona: www.navalcity.org/htmlsidor/valkommen_eng.htm
- Åhus: www.vattenriket.kristianstad.se is a charming
- Växjö, www.vaxjo.se

**Ongoing, major projects:**

**Other district activities:** Rotaract; RYLA; Rotary Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Australia; India; Slovenia; Thailand; India

**District media:** www.rotary.se

# Taiwan

## Taiwan, District 3480

- District 3480 is located on the western edge of the pacific "Rim of Fire". Continuous tectonic movements have created majestic peaks, rolling hills and plains, basins, coastlines, and other natural wonders.
- District 3480's tropical, sub-tropical, and temperate climates bring different seasons to the region. The government has established eight national parks and 13 national scenic areas to preserve the country's best natural features. Convenient public transportation including the Taiwan Railway and Taiwan High Speed Railway and buses provide easy access to tourist attractions.
- Taipei, a city of smiles, is Taiwan's capital city. Taipei, Taiwan's largest city, serves as the country's economic, political, and cultural center. From the world's tallest building to the biggest collection of Chinese art, Taipei

invites you into a world of fascinating contrast – a mix of the modern and traditional with a generous dash of energy and hospitality.
- Just outside the metropolitan city, visitors can soak away in mineral-rich hot springs nestled in the lush mountain foothills encircling the Taipei Basin.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.ri3480.org

## Taiwan, District 3490

- District 3490, covering northern and eastern parts of Taiwan, is the island's largest Rotary district.
- The landscape is diverse with beautiful mountains and plains. Jade Mountain in central Taiwan is the highest in East Asia.
- The country has an advanced electronics industry and extensive agriculture, offering many varieties of fruits.
- Visitors must experience the National Palace Museum and Building 101. The National Palace Museum has one of the largest permanent collections of ancient Chinese artifacts and artwork in the world, encompassing 8,000 years of Chinese history. Building 101 is one of the tallest buildings in the world.
- Eastern Taiwan is full of natural landscapes. Taroko National Park is a popular tourist spot. Cliffs and marble canyons stretch along rivers. Taiwan's high speed train travels across all of western Taiwan in as little as 90 minutes. Its night markets are great places to enjoy local cuisines, culture and nightlife.
  The major festivals are according to lunar calendar, such as Lunar New Year, Lantern Festival (15 Jan), Dragon Boat Festival (5 May) and Moon Festival (15 Aug). Every festival has its own history and special activities.

For tourist information, visit:
- http://www.youtube.com/watch?v=Bn4BgothAHQ

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:** www.rid3490.org.tw

# Thailand

## Thailand, District 3330

- District 3330 contains some of the world's most beautiful tourist attractions including beaches along with historical and religious sites.

For tourist information, visit:

**Ongoing, major projects:** Water and sanitation initiatives, library projects, CLE initiatives.

**Other district activities:** International volunteering, twin clubs, project fairs, intercountry committees, partnering with other organizations, Rotaract, Interact, RYLA, Rotary Community Corps, Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotary3330.org

# Turkey

## Turkey, District 2420

- District 2420 covers the city of Istanbul, the European region of Turkey, and a part of Anatolia (Asia Minor). The district is unique because it sits on the edges of two continents - Europe and Asia.
- Stretching over five cities in northwestern Turkey, District 2420 covers ancient settlement as well as modern commercial and tourist attraction with historical remains.
- Istanbul, the capital the Roman, Byzantine, and Ottoman empires, exemplifies long-standing European traditions. Today, Istanbul has an unparalleled and lasting cultural influence on Europe. The city's dramatic geography, united by both the Bosphorus and the Golden Horn waterways, has unique eastern and western influences.
- İstanbul is also defined by its contrasts and harmony, where one can find mosques, synagogues and churches within 100 meters of each other. It is an inclusive melting pot where many languages are spoken, a multitude of traditions followed, and various ethnicities expressed. Forging the future. İstanbul belongs to the tradition of grand European cultural centers.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

- Rotarians in District 2420 are active in efforts to increase literacy, provide shelter for at-risk and homeless children, care for disabled people, provide health care, improve the environment, award more student scholarships, and establish Rotary Community Corps.

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotary2420.org

## Turkey, District 2430

- District 2430 is the second largest district in the Rotary world. Seven countries compromise District 2430: Turkey, Kazakhstan, Kyrgyzstan, Uzbekistan, Turkmenistan, Tajikistan, and Azerbaijan.
- All kinds of sports and recreational activities can be found along the spectacular Mediterranean coastline in the Turkish region of Anatolia.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media:**

## Turkey, District 2440

- District 2440, consisting of 67 clubs and 2,100 Rotarians, is located in the western part of Turkey. The district encompasses the major cities of Izmir, Bursa, Canakkale, Balikesir, Mugla, Denizli and Aydin.
- Turkey, a bridge between Europe and Asia, has an extremely rich heritage. Perhaps no other land has witnessed so many diverse civilizations over the last nine thousand years. A visit to Turkey should not only take in all the great sights and monuments; it should leave plenty of time for leisure and pleasure.
- District 2440 offers visitors a glimpse of rich cultural legacy from early Greek, Roman, and Ottoman civilizations. Some popular destinations include the Aegean coast and the ancient cities of Ephesus and Troy. Besides historical attractions, the Aegean is known for its magnificent coastal scenery and long stretches of sandy beaches, where pine trees and olive groves clad the hills surrounding popular resorts. Inland, calcium-rich mineral springs surge over the edge of a mountain plateau at Pamukkale form Turkey's leading mineral spa is one of the most celebrated natural attractions in the area. The city of Izmir, once famous for its figs, is today the modern capital of the region, and a major port and busy commercial centre.
- Turkey has one of the world's healthiest cuisines and extremely hospitable people. A trip to Turkey is an enchanting experience and an unforgettable adventure
- District 2440 prefers 10-day exchanges with teams of 8-10 participants. Preferred teams consist of couples and include Rotarians who can speak English.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:** Twin clubs; Rotary Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Australia; Canada; India; Israel; New Zealand; Sweden; USA

**District media**: www.rotary2440.org

# United Kingdom

## United Kingdom, District 1030

- District 1030, with over 1000 years of history, is located in the northern half of Britain.
- The district is the birthplace of railways and the industrial revolution.

For tourist information, visit:

**Ongoing, major projects:** ShelterBoxes, Ambassadorial Scholars, help local communities

**Other district activities:** Twin clubs; partnering with other organizations, Interact; RYLA; Rotary Youth Exchange;

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** India; New Zealand; South Africa; USA

**District media**:

## United Kingdom, District 1080

- District 1080 covers most of East Anglia, the bulge on the eastern side of southern England. The region has two famous universities: Cambridge, the world famous and ancient collegiate university, and the modern University of East Anglia. Norwich is one of the ancient capitals of the

UK with the country's most complete medieval street layout and 32 medieval churches.

- District 1080 has a coastline facing east, north, and west, making seafaring a tradition. Perhaps the Jewel in the Crown (excuse the pun) is Her Majesty the Queen's personal property, Sandringham House & Estate, located in District 1080. The Royal Family spends Christmas at Sandringham, and, while the Estate is regularly in use, it is often open to the public.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.wattonrotary.org.uk/RFENews.htm

## United Kingdom, District 1100

- District 1100 is a widely diverse area of the West Country and Welsh border of the United Kingdom.
- Bristol, a city filled with culture, employment, and education and a large contrast from the numerous picturesque and tranquil villages and small market towns common throughout the district. Elsewhere, some of the most remarkable Neolithic monuments in the country are to be found. These sites include Stonehenge, a World Heritage site, Cheltenham, the cathedral city of Gloucester, Hereford, and Worcester.
- The Thames River rises in District 1100 while the Severn and Wye rivers form a natural border between England and Wales. The Wye valley house the romantically acclaimed 13th century ruins.
- With plenty of museums and concert venues, District 1100 is a great destination for all different tastes and styles.
- District 1100 welcomes teams of five to six couples for a two week exchange period. Teams will be hosted in the homes of Rotarians in four locations throughout the district, providing visitors the opportunity to enjoy the widly diverse geographical and cultural regions of District 1100.
- Transportation for exchange teams is usually provided but could arrange for a 12 seater mini bus to be hired, if requested.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**:

## United Kingdom, District 1100

- District 1100 is a widely diverse area of the West Country and Welsh border of the United Kingdom.
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For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

District media:

## United Kingdom, District 1190

- District 1190 consists of Cumbria and Lancashire counties located in the north west of England. The Lake District covers most of Cumbira and is well known for its lakes and mountains. Lake District is unique because around each corner rests a new and magnifiscent view.
- The north features the ancient city of Carlisle, displaying the Border Rivers and traces of many historic encounters with the Scots. Other prominent local attractions include the iconic Hadrian's Wall, the Shipyards of Barrow-in-Furness where the nuclear submarines are built, and the historic towns of Kendal, Kirkby Lonsdale, Appleby and Penrith.

- Attractions such as Lancaster, Blackburn and Preston with cathedrals, art galleries and museums of quality, offer plenty to see.
- Coastal resorts including Blackpool, Southport and Morecambe, where many northerners spend their holiday enjoying splendid beaches, the arcades, funfairs, and theatres.
- Golf and football are well catered for in the area. Several Premier League Football Clubs, such as Manchester United, Manchester City, Liverpool, Everton etc. operating in the winter.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**:

## United Kingdom, District 1200

- District 1200 serves the Southern UK English County of Somerset plus parts of the adjoining counties of Dorset & Wiltshire and enjoys a fairly temperate year-round climate compared to other UK regions.
- The district has 54 clubs and around 1700 Rotarians.
- Agriculture, tourism, and light industry are the principle contributors to the local economy in an area regularly used for filming and television programmes.
- The district boasts small cities, towns, and pretty villages and coastal areas. There are many historic sites including Bath & Glastonbury plus castles, abbeys, and museums. Classic English houses and gardens are also featured with animal attractions, natural features, and a whole myriad of other interesting places to visit.
- The district is interested in all types of exchanges: team, individual, service, and vocational.
- The area is well recognised for its charm, natural beauty and extremely friendly people.

For tourist information, visit: www.visitsomerset.co.uk

**Ongoing, major projects:** Water Survival Box initiatives, polio eradication, ShelterBox, Nepal Trust, Hope and Homes for Children, and other initiatives; ambassadorial scholars; domestically assists youth, the elderly and disadvantaged communities

**Other district activities:** International volunteering; twin clubs; partnering with other organizations; Interact; RYLA; Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Zimbabwe, South Africa, India, USA, Canada, Mexico, Colombia, Australia, New Zealand

**District media:** www.rotary1200.org

# United States of America

## USA, District 5000

- District 5000 is located in Hawaii, USA. The district has fabulous beaches, tropical forests, Hawaiian culture, volcanoes, the world's freshest air and water.
- District 5100 has Rotary clubs on the islands of Oahu, Kauai, Maui and the Big Island with the aloha spirit. Make Hawaii your destination.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotaryd5000.org

## USA/Canada, District 5020

- District 5020 consists of Vancouver Island in British Columbia, Canada, and western Washington State in the USA.
- The best known Canadian city in District 5020 is Victoria, the capital of British Columbia. Here you will find the Parliament Buildings and the Provincial Museum on the bustling Inner Harbour. You can also enjoy tea in the Empress Hotel, take a water taxi tour of the horbour, wander through the world famous Butchart Gardens, and visit two real castles.
- District 5020 is a maritime and forest dominated region. Visitors will see magnificent snow-capped mountains, whales swimming along the coast, and giant 500 year old growth forests.
- On the American side of District 5020, visitors will explore the scenic Olympic Peninsula and the Puget Sound area with access to islands, beaches, and the city of Tacoma.
- Tacoma is an attractive old port with a vibrant artistic culture. Olympia, the state capital of Washington, is another interesting attraction. Visitors may also stop by Mount St. Helens, an active volcano.

- You will meet friendly, vibrant, and active Rotarians who want to show you the beauty of their communities and their club's activities throughout District 5020.
- District 5020 prefers exchanges with teams of 10-12 people for a period of 15 to 18 days.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotary5020.org

## USA, District 5030

- District 5030 is located in Washington State and consists of 54 clubs and over 3,100 members.
- Visitor attractions include concerts, festivals, theaters, outdoor recreational activities (bicycling, hiking, backpacking, boating, sailing, kayaking, golfing, and scenic walks).
- The region is known for amazing seafood, outstanding wines and beers, and world class restaurants.
- District 5030 prefers English-speaking visitors.

For tourist information, visit: www.experiencewa.com

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.district5030.com

## USA, District 5100

- District 5100 is located in the beautiful Pacific Northwest of the United States. It encompasses the northern third of the state of Oregon and the very southwest part of the state of Washington.
- The 4,000 Rotarians in District 5100 are proud of their many service projects both in our respective communities and around the world.
- We welcome you not only to visit some of our 73 clubs or four Rotaract clubs, but also to introduce you to the many educational, cultural and recreational opportunities available here.
- Exchange itineraries are moderately paced and range from outdoor activities such as wine tasting, boating, and skiing to socializing with club members and their families and attending Rotary meetings and events.
- The largest city in the district is Portland, Oregon, with about 1.5 million inhabitants. Seattle, Washington, home of Microsoft, and Vancouver, British Columbia, Canada, lie a short distance to the north.
- District 5100 is bordered on the west by the Pacific Ocean and on the east by the foot of the Rockies, the tallest mountain range in the USA.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

- District 5100 has participated in many Friendship Exchanges during the past 15 years and is quite accustomed to providing the utmost in hospitality. Districts in the UK, Brazil, South Africa, and Australia have been our most frequent exchange partners.

**District media**: www.district5100.org

## USA, District 5110

- Rotary District 5110 encompasses the southern two-thirds of the state of Oregon and the very northern part of the state of California. Geographically the district has a diverse landscape, from the rocky shores of the Pacific Ocean to snow-covered 10,000+ foot mountain peaks to dramatic deserts.
- Boundary cities include Lincoln City in the northwest; Madras and Prineville in the northeast; Lakeview in the southeast; Tulelake, Montegue, Scott Valley, and Yreka in the south; and Brookings on the very southwestern tip of our district.
- There are 72 Rotary clubs and 3800 Rotarians in the district, including one eClub. Each club has local community service projects of various types and many clubs engage in or support international service projects.

For tourist information, visit:

**Ongoing, major projects:** District 5110 is founder of wonderful projects including Stove Team International, which helps families eliminate open flame cooking inside the home; Adopt A Village which works in African villages with water, stoves and small agriculture projects and Project Amigo which provides schooling to children in small villages in Mexico.

**Other district activities:** International volunteering, Rotaract, Interact, RYLA, Rotary Youth Exchange

**Skilled volunteers:** Working on forming a team who will teach English in Brazil

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Scotland and Turkey. Upcoming exchange partners include India, Romania, Sweden, Turkey, Wales, Peru, and USA.

**District media**: www.district5110.org

## USA, District 5220

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:** Partnering with other organizations; Rotaract; Interact; RYLA; Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**:

## USA, District 5330

- District 5330 is located in Southern California, 80 miles north of San Diego and 80 miles east of Los Angeles.
- Our area has a wide variety of climates everything from deserts (Palm Springs) to Mountains (Big Bear) to Wine Country (Temecula).
- Activities range from boating, fishing, hot air ballooning, mountain climbing, hiking, wine tasting and a many outdoor activities including winter sports in our mountains.
- We are only four hours from Las Vegas by automobile and only one hour by air. It is with good reason that we are called "The Inland Empire"

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotary5330.net

## USA, District 5340

- District 5340, blessed with wonderful weather and beautiful beaches, is situated in the southwest corner of the United States in San Diego, California.
- There are several dozen museums, including art, aircraft carrier, maritime, natural history, aerospace, cars, and photography in District 5340.
- Popular tourist destinations include the San Diego Zoo, the wild animal park, the Birch Aquarium, as well as Sea World.
- Lovers of thegreat outdoors can enjoy miles of hiking and biking trails in addition to surfing, golfing, snorkeling, diving, kayaking, harbor excursions, walking along the San Diego Harbor, or one of the many beautiful beaches. There are numerous parks, including the wonderful Balboa Park, Cabrillo Monument, and Torrey Pines State Reserve.
- For historical sites, visit one of the original California missions or explore Old Town State park.
- San Diego boasts many exciting shops and boutiques. San Diego has a symphony, many live theaters. Visitors can tour the wineries of northern San Diego County.
- San Diego is also only 15 miles from the Mexican border, making day trips another option. The only problem with San Diego is finding enough time to do everything!

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

- District 5340 is particularly interested in exchanges with districts in Greece, Turkey, and South Africa.

**District media**: www.rotary5340.org

## USA, District 5360

- District 5360, known as the Big Sky Country, includes Southern Alberta and Western Saskatchewan.
- District 5360 offers diverse landscape from the plains of Western Canada to the majestic hills of the Rocky Mountains. Local attractions include the internationally renowned Tyrell Dinosaur Museum, historic Fort Calgary, Calgary Tower, the early July Calgary Stampede, Cypress Hills, Aquaducts of Brooks, and much more.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

- District 5360 is particularly interested in exchanges with the southern hemisphere to balance current standing exchanges with England and Sweden.
- Recent exchanges countries include New Zealand, Australia, and Taiwan. The district is particularly interested in exploring South America, South Africa, the Phillippines, Italy, and Greece.

**District media**: www.clubrunner.ca/portal/SitePages/SitePage.aspx?did=5360&pid=38175

## USA, District 5400

- Comprising the southern half of the state of Idaho, District 5400 is anchored on the east by Pocatello and Montpelier at the border with Wyoming, and on the west by Caldwell and Ontario (Oregon), just over the state border.
- District 5400 offers popular attractions including the Owyhee Mountains and the Snake River and the Payette River which offers outstanding white water rafting.
- Idaho is renowned for its mountains, rivers, and outdoor sports. In the summertime, kayaking, canoeing, trout and salmon fishing, white water rafting, hiking, mountain biking, camping, skiing, guided snowshoe walks, and more.
- Boise, the capital, is nestled in the Treasure Valley. Boise's population of just about 200,000 is big enough to support all the arts and first-class museums, but small enough to be friendly and welcoming to newcomers. Local attractions include mountains, rivers, miles of excellent hiking and bike trail, fishing, tubing, canoeing, and kayaking. There are lots of micro-brew pubs with patios on the river for a cool beverage in the midst of summer.
- Historic Idaho is the land where Lewis and Clark wintered with the Nez Perce on their journey to the west coast in 1805. Remnants of wagons can be found along the Oregon Trail.
- Boise is also home to the second largest concentration of Basques in America, explaining the presence of a Basque Square with a museum, gathering Center and Basque restaurants in the heart of the downtown area.
- The natural wonders of Idaho and the hospitable residents of this part of the state await your unforgettable visit.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

- The district prefers exchanges with Canada, the United Kingdom, and Scandinavia.

**District media**: www.rotary5400.org

## USA, District 5470

- District 5470 straddles the Rocky Mountains in the southern two-thirds of Colorado.
- We are home to 52 of Colorado's 53 tallest mountains (over 14,000 feet), 10 National Parks and Monuments, 4 National Forests, and a National Grassland.
- Recreation is a large part of our economy, and we host world-class skiing, hiking, bicycling, golf, hunting, fishing, white-water rafting, and wildlife viewing. Agriculture, ranching and farming, is another important part of the economy, particularly on the Eastern Plains and Western Slope. Mining has historical significance, and one can tour a working gold mine.
- An exchange to District 5470 will include visits to large and small cities on the Great Plains, the beautiful Rocky mountains of Colorado, national parks, and historic landsmarks retelling the opening and settling of the American West. The district's Rotarians are enthusastic about their surroundings and anxiounce to show others the stunning natural beauty of Colorda.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotary5470.org

## USA, District 5480

- San Antonio, Texas, USA, located in District 5480, is the state's most visited city. Top tourist attractions include the Alamo and other historical sites, the River Walk, SeaWorld San Antonio, and Six Flags Fiesta.
- The district is interested in 10 to 14 day exchanges.

For tourist information, visit: http://visitsanantonio.com/

**Ongoing, major projects:** Haven for Hope homeless shelter, Literacy for SA, International partner with District 4110, Mexico, HungerPlus district committee partners with Muzquiz, Mexico Rotary Club with projects in Mexico

**Other district activities:** International volunteering, twin clubs, intercountry committees, Rotaract, Interact, RYLA, Youth Exchange

**Skilled volunteers:** Doctors, nurses, dentists, optometrists, veterinarians, construction workers.

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotary5840.org

## USA, District 5510

- The state of Arizona, where district 5510 is located, offers spectacular scenery and many special attractions.
- Perhaps its greatst attraction is the Grand Canyon, one of the most important natural destinations in the USA. The trip to the Grand Canyon is the beautiful small city of Sedona with red rocks that defy description.
- Phoenix has an outstanding art museum, known especially for its Native American art. The Basha Art Museum boasts a superb collection of Native American art. The Sonora Desert Museum offers a real picture of what life in the desert is like and offers an assortment of flowers, birds, and animals in a natural setting.
- Karchner Caverns, a recent addition of top local destinations, is one of the largest caverns in America.
- Visitors can also easily visit the border town of Nogales, Mexico.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

- District 5510 has had previous exchanges with Canada, Alaska, Australia, New Zealand, England, Scotland, Wales, Switzerland, France, South Africa, Portugal, Spain, and Germany.
- Our participation in Exchanges has led to some humanitarian projects as well as establishing long term friendships.

**District media**: www.rotary5510.org

## USA, District 5520

- District 5520 includes 72 clubs and covers all of New Mexico and western Texas. The district is one of the largest in the world in terms of geographic area, but has a small population of just over 2.5 million people. Our two largest cities are Albuquerque, New Mexico and El Paso, Texas.
- We have two of the foremost artistic communities in the country located in Santa Fe and Taos, New Mexico. Santa Fe is the third largest art market in the U.S.
- Our business environment runs the gamut from agriculture to high tech including huge ranches and farming operations to two of the largest U.S. government research laboratories; we also have thousands of small businesses. Most of the district is populated with small towns.
- Our ethnic makeup is unique, with Hispanics (Spanish and/or Mexican descent) being the majority, followed by Anglos, and 21 Native American tribes.
- We have the oldest European-based history in the U.S., and our state capitol in Santa Fe is the oldest in the country at just over 400 years.
- New Mexico is called the "Land of Enchantment", and Texas is known worldwide as being "the big country" within the U.S.
- We have deserts, verdant valleys, and high mountain ranges that offer incredible skiing in the winter. The weather varies between winters with considerable snow accumulation in the north to hot summers in the southern part of the district. Most of the area has moderate temperatures, with very low humidity. We are a very casual society, known for our friendliness.

For tourist information, visit:

**Ongoing, major projects:** RYLA, Water Projects, Interact, Rotaract, Youth Exchange, all clubs sponsor a variety of local fundraising activities that fund projects in their communities as well as global grants

**Other district activities:** Partnering with other organizations

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Australia; Canada; Chile; England; Sweden

**District media**: www.rotary5520.org

## USA/Canada, District 5580

- Rotary District 5580, a very large, varied, and unique international district, spans the U.S. and Canada. The District includes southwestern Ontario, northern Minnesota, northwestern Wisconsin, and all of North Dakota.
- There are two U.S. national parks within the District - Voyageurs National Park in Minnesota and Theodore Roosevelt National Park in North Dakota. District 5580 offers immense natural beauty including the rugged northern and southern shores of Lake Superior, two international sea ports (one in the U.S and one in Canada), thousands of lakes, thousands of acres of

unbroken forest land, the great plains of North Dakota, and the badlands of North Dakota.
- Visiting Rotarians from other countries will see unique parts of the U.S. and Canada that have great natural beauty. Rotarians from District 5580 are appreciative of the area in which they live and are eager to show it off to visitors.
- District 5580 prefers exchanges with countries where English is widespread.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**
- District 5580 is involved with many humanitarian projects in Mexico, Central America, and South America.

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**:

## USA, District 5610

- District 5610 includes South Dakota, southwest Minnesota, northwest Iowa, and a club in Nebraska.
- The region has cowboy country, Indian Reservations, lots of cattle, and farming: wheat, corn, sunflowers, etc.
- The Missouri River runs through our district and in the West we have the Black Hills where the carving of Mount Rushmore and the in progress carving or Crazy Horse are major highlights. There is a large buffalo herd and many other of wild animals.
- District 5610 has communities of all sizes from a few hundred to 150,000 friendly people.
- The culture includes symphony orchestras, all kinds of bands, Indian Powwows, rodeos, museums, art galleries, restaurants, shopping and many other things. Many outdoor sports such as campiing, biking, hunting, hiking, fishing, motorcycling.
- The district prefers team exchanges.

For tourist information, visit:

**Ongoing, major projects:** Many clubs in our district are providing wheelchairs to people in Guatemala and Romania. Some clubs provide support for teachers and students at the School of St. Jude for poor children in Tanzania and have helped provide them with a bus and purchase land for their expansion. We participated in a sewing machine project for young women in India and are doing water projects in Honduras and Guatemala. We have had an active Solar Oven Project in Haiti for many years. Our clubs also sponsor parks in their local communities and have stepped up to help communities hit by natural disasters. We are also in the process of setting up VTTs with some communities in Guatemala.

**Other district activities:** International volunteering; twin clubs; Rotaract; Interact; Rotary Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** India, Brazil

**District media**: www.rotary5610.org

## USA, District 5630

- District 5630, containing over 34 clubs, is located in Nebraska, borders South Dakota in the north and Kansas in the south, and stretches from Grand Island in to east to Alliance in the west.
- The geographic region is diverse in jobs and social engagements ranging from rural to urban communities and including business, industry, and commerce. In addition to cattle ranching, the Sandhills offer some of the newest and best golf courses in the USA.
- The district allows for convenient engagement in hunting, fishing, canoeing, watersports, sightseeing, and other recreational activities. District 5630 houses the Nebraska state art collection at the Museum of Nebraska Art in Kearney, along with a number of college and university campuses.
- Additionally, District 5630 is home to some of the best medical facilities in the State of Nebraska and offers the latest technologies in health care ranging from cancer treatment to open heart procedures.
- The Nebraska motto is “Nebraska, the Good Life”; District 5630 embodies the state motto through the quality of life and the hardworking, friendly residents of Nebraska.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**:

## USA, District 5750

- District 5750 is situated in the northwest quarter of the State of Oklahoma. We are known for our beautiful sunsets, our wonderful and friendly people, a very diverse culture including Native American and Western Heritage.

- We have a very diverse terrain ranging from creeks and rivers to forests, prairies, gentle rolling hills, and sand dunes.
- Our major industry is oil and gas production.
- Major attractions and events include: Red Earth Native American Festival, Great State Fair of Oklahoma, Choctaw Oktoberfest, rodeos, pow wows, horse shows, professional basketball (OKC Thunder) and great college football (Oklahoma State University and Oklahoma University).
- We offer a very diverse grouping of cuisine and the newest entertainment district, "Bricktown", in the heart of Oklahoma City. Shopping is plentiful in the Oklahoma City area with great shopping malls and quaint shops dispersed all over the region.
- Oklahoma City is also home to Club 29, one of the oldest and largest Rotary Clubs in the world.
- District 5750 is known for its international projects and is looking for Friendship Exchange groups to share our culture with you.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotary5750.org

## USA, District 5790

- Rotary District 5790 is located in Northeast Texas.
- The district is a very diverse region with a rich history. Our heritage is one of rugged settlers who conquered the West.
- District 5790 has oil wells, teeming industry, including defense plants and railroads, fields of crops, and ranches with longhorns and thoroughbred horses. We also have many colleges and universitiest, some of which are internationally renowned for subjects from Robotics to Music to the Performing Arts.
- Our culture ranges from rough-and-tumble Rodeos to world-class museums.
- And our climate is as diverse as our culture, varying from very cold to temperate winters. At any given time you can find a celebration of our history and current events. District 5790 is truly a place to visit.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotary5790.org

## USA, District 5840

- District 5840 is located in the heart of the Texas Hill Country with San Antonio being the largest city and where most of our Rotary Clubs are located.
- San Antonio, filled with a lot of history, is the home of the Alamo and Texas Independence from Mexico. Busting shops and restaurants line the downtown; San Antonio offers many art and history museums.
- District 5480 covers a large geographical area in the southern center of Texas with varied terrain ranging from desert to hills to farm land. The climate is mild year round with the temperature ranging from 32$^{o}$F in winter to the 100$^{o}$F in summer.
- There is a large German influence from settlers coming to settle the land in the 1830's and 1840's. Kerrville, Fredericksburg and Junction have a large wine and art gallery culture while retaining that German influence.
- Many large ranches are located between San Angelo, the Rio Grande River, and San Antonio. These ranches are working cattle and exotic animal hunting ranches, some owned by Rotarians.
- There are many opportunities to visit Rotary Clubs, projects and cultural venues in District 5840. Many of these cities and towns have year-round celebrations.
- We would welcome groups of Rotarians and spouses up to 12 and prefer exchanges up to two weeks long. "Ya'll Come"

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:** International volunteering; intercountry committees; partnering with other organizations; Rotaract; Interact; RYLA; Rotary Youth Exchange

**Skilled volunteers:** Doctors, nurses, dentists, other medical professionals

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Pakistan

**District media**: www.rotary5840.org

## USA, District 5870

- District 5870 encompasses the very heart of Texas. A visit to our district will give you a wide variety of experiences;

from the capital of Texas through the rolling hills of the wine country, Texas offers it all.

- Austin, the capital of Texas, is known as the live music capital of the world. In the spring, Austin hosts a two week music festival celebrating interactive technology, film, and music. In the fall, Austin hosts a weekend-long music festival where the city is again turned into a large music festival hosting bands from all over the world in one crazy fun filled weekend.
- For history buffs, Austin offers a wide variety of museums. The Bob Bullock Texas State History Museum is a wonderful interactive museum from the days of "Cowboys and Indians," to present day pioneers of the space age.
- For wine connoisseurs, the Texas wine country, now a worldwide wine competitor, holds its own in wine tasting.
- For lake enthusiasts, our district offers the Highland Lakes, a series of lakes offering all sorts of water crafts and entertainment. Water ski, jet ski, or sail Lake Travis, take a cruise and see the Bald Eagles soar over Lake Buchanan. Hike the neighboring areas in search of arrowheads.
- For the adventurer, Central Texas offers many world class caves, trails, and canyons to explore.
- We are ready to give you a Heart of Texas greeting, and a warm welcome to the Lone Star State. Experience the Texan Hospitality, experience the heart of Texas.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.clubrunner.ca/5870

## USA, District 5890

- District 5890 comprises most of the Houston metropolitan area. Founded in 1836, the City of Houston had a population of 2.26 million in mid-2009, making it the fourth most populous U.S. city.
- Major industrial contributors to Houston's vast economy include the energy business, leading medical schools and research centers, ports of trade along the Gulf Coast, NASA's Johnson Space Center and two leading airlines.
- Houston has a diverse cultural mix, reflected in its multitude of cultural events and activities within the Houston area. Houston is home to a terrific Symphony Orchestra, the Houston Grand Opera, the Alley Theatre, and the Hobby Center. The Houston Livestock Show and Rodeo runs each year during February and March.
- Sports enthusiasts enjoy year round outdoor activities with lots of quality golf courses, tennis, hiking, boating, sailing, fishing, hunting and bicycling.
- Houston is also home of major league baseball with the Houston Astros, NFL Football with the Houston Texans, the Houston Rockets Basketball team, and the Major League Soccer Houston Dynamos

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.clubrunner.ca/5890

## USA, District 5950

- District 5950 includes 67 Rotary clubs in the Greater Minneapolis, Minnesota Area and extends north to Alexandria, west to Redwood Falls and Willmar, and south to Fairmont.
- Our western border is the Mississippi River and District 5960 (on the St. Paul, Minnesota side of the Mississippi River). Known as the Land of 10,000 Lakes, we are located in a part of the United States that is known for its natural beauty, four seasons, active sports and arts communities, and outstanding colleges and universities.
- In the summer, we celebrate the Aquatennial; in the winter, we celebrate the Winter Carnival; and, in between, there is always a lot to see and do - from outdoor and indoor activities in the busy metropolitan area to the abundant farmland and exciting recreational resorts in the surrounding countryside.
- Minnesotans are among the healthiest, most educated, and welcoming people in the United States. We also have a reputation for being one of the best "volunteer states". We look forward to welcoming you to our home . . . and "your home away from home"!
- The clubs of District 5950 enjoy exchanges with Districts in which we have international service projects or in Districts who may be interested in joining us in a collaborative effort to serve the world through Rotary projects.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.clubrunner.ca/5950 www.rotary5510.org

## USA, District 5960

- District 5960, located in southeastern and east central Minnesota and northwestern Wisconsin, currently includes 64 Rotary clubs, four Rotaract clubs, and more than 3,300 members.
- Renowned theaters, music, and visual arts centers make Minnesota home to one of the most vibrant arts scenes in the country. With the Guthrie Theater, Walker Art Center, Minnesota Orchestra, St. Paul Chamber Orchestra, and many other stellar venues and groups, the Twin Cities of Minneapolis and St. Paul are arguably the premier arts center between the East and West coasts of the country. Several outstanding community theaters, art galleries and art centers throughout the state feature regional artisans and add to Minnesota's arts appeal.
- Minnesota's proximity to many lakes scattered throughout vast forests make it a great playground for lovers of the outdoors. Recreational attractions include a first-rank State Parks system, a wide variety of hiking and biking trails, two national forests, one national park, and much more. In the winter, there are more than 20,000 miles of designated snowmobile trails, ice fishing, and skiing on well-groomed cross-country trails or at exciting downhill venues.
- Minnesota knows how to shop and we'll show you where! Mall of America is the largest indoor mall in America. Additional shopping attractions include outlet malls, antique shops, charming Main Street shopping statewide, and urban shopping districts.
- Wisconsin boasts stunning natural beauty, with abundant lakes, forests and rolling hills that transform through four distinct seasons each year. Wisconsin is also rich in arts, historic and cultural attractions

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotary5960.org

## USA, District 6000

- District 6000 is located in the heart of America's "Bread Basket" where food crops, feed crops, and livestock are abundant.
- Wind farms and biofuels are becoming prominent sources of energy for Iowa communities.
- Ethnic communities are common in the district, and museums and cultural festivals are popular (Czech Museum, Danish Museum, Amana Colonies, Pella Tulip Festival, and others).
- Madison County, of book and film fame, is a popular tourist site. Two leading public universities, Iowa State University and the University of Iowa, are located in District 6000. The Iowa State Fair, known as the nation's largest and best fair, occurs in the capitol city of Des Moines in August every year.
- The east border of the district is marked by the amazing Mississippi River with numerous scenic and entertainment sites to enjoy.
- Unsurpassed rural hospitality and Rotarian home stays provide a relaxed and enjoyable exchange in Iowa, USA.
- District 6000 welcomes teams of 10-20 memebers from anywhere in the world to spend one ot three weeks in Iowa and to combine their visit with Rotary districts in other areas of the USA.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotary6000.org

## USA, District 6040

- District 6040 is the northern half of Missouri in the U.S.Midwest Region and includes Kansas City area, St. Joseph, and a large rural area partially framed by the Missouri and Mississippi Rivers.
- Professional sports include the Kansas City Royals Baseball Club and the Kansas City Chiefs Football team. Sports meets History at the Negro League Baseball Museum
- KC's Country Club Plaza remains an iconic shopping area. The city is often referred to as the "City of Fountains"
- Dining often means world famous KC style "barbeque" In the"Heart of America" dining is tasty! / * St. Joseph (westward expansion) Independence (Harry S. Truman Presidential Library) make history come alive. Rural communities boast unique attractions and festivals.

For tourist information, visit: www.visitmo.com, www.visitkc.com

**Ongoing, major projects:** District 6040's Annual Drive of Shoes for Orphan Souls has generated over 250,000 pairs of shoes and raised over $100,000 since its inception. All 56 clubs and over 2,400 members participate in this and other district projects. District 6040 sponsors, funds and supports a Medical Mission in the Dominican Republic.

**Other district activities: International volunteering; Rotaract; RYLA; Rotary Youth Exchange**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners: Turkey**

**District media**: www.rotary6040.org, www.facebook.com/rotary6040Cached

## USA, District 6080

- We are a diverse district located in the heart of the United States and encompassing a large part of Missouri.
- Our district includes Springfield, Missouri's 3rd largest city, as well as the state capital of Jefferson City.
- We are known for our many lakes, caves and hiking trails along with wineries, manufacturing and many colleges and universities.
- Historical attractions include the largest piece of the Berlin Wall in the US, the only museum in the US to honor Winston Churchill, and the start of the Santa Fe Trail.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotary6080.org

## USA, District 6110

- District 6110, has 82 clubs and almost 5,000 members, covers the four corners of Oklahoma, Missouri, Kansas, and Arkansas in the heart of the United States of America.
- D6110 has all four seasons, with mild summers and mild winters. Larger city attractions include Tulsa, Oklahoma, Northwest Arkansas, Fort Smith, Arkansas, and Joplin, Missouri. Most major cities in the United States are within a 2 hour flight from either Tulsa International Airport (TUL) or Northwest Arkansas Regional Airport (XNA).
- D6110 has a robust economy with a broad mix of industries, including light and heavy manufacturing, oil and gas, agriculture, a variety of service industries, and many fine universities.
- Tourism is a major industry, especially outdoor recreation in the Ozark Mountains of Missouri and Arkansas and the Green Country of Oklahoma. The area has many huge lakes with a long shoreline and dozens of large state and national parks. Some of the world's finest museums are in our district, including Woolaroc, Gilcrease, Philbrook, the Cherokee National Museum, and the Will Rogers Memorial Museums.
- Arts and crafts, music, motorcycle/auto, and many other theme-based festivals abound throughout the year and the district. The performing arts centers in the main population areas offer Broadway productions, symphony concerts, and a variety of cultural events. There are plenty of opportunities to view American sports in large stadiums and arenas.
- March through June and September through December are best times for traveling to District 6110.
- District 6110 prefers teams of three to six couples with stays between 12 and 16 days. Participants with some degree of English skills are preferred.

For tourist information, visit:

- Tulsa, Oklahoma and Green Country
- Northwest Arkansas
- Fort Smith, Arkansas
- Joplin, Missouri

**Ongoing, major projects:** Medical Supplies Network, Inc.

**Other district activities:** Rotaract; Interact; RYLA; Rotary Youth Exchange; New Generations exchange

**Skilled volunteers:** The district has experienced professionals representing a range of skills, including medical and engineering, who would consider volunteer opportunities as they arise. The length of stay if flexible.

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Thailand

**District media**: www.rotarydistrict6110.org

## USA, District 6200

- District 6200 is in South Louisiana, one of the more diverse regions in the USA. Six flags have flown over our state since the French explorers came 300 years ago.
- Baton Rouge, the state capitol, is our largest city, and is in Mississippi River plantation country. It is the home of Louisiana State University, a major research institution. With art and history museums, distinctive architecture, a world class planetarium, and great restaurants, District 6200 is a wonderful place to visit.

- Cajun Country, a uniquely French region, lies in the heart of District 6200. Music, flavorful food, and numerous festivals are found throughout our 25 parishes (counties) where jazz, country, blues, and zydeco have deep roots.
- The Mississippi River, the Atchafalaya Basin, and the Sabine River shape the Louisiana coast. Their wetlands create habitat for birds, alligators, crawfish, and great fishing. Lafayette is the unofficial capitol of Cajun Country, and hosts Festival International de Louisiane in late April.
- Smaller cities with multiple clubs are Lake Charles and Houma-Thibodaux. Mardi Gras is celebrated in the weeks before the Lenten season throughout the region, from the traditional horse ride through the country to satirical parades in Baton Rouge.
- New Orleans, while not in the district, is our gateway for international travel. We have interesting sites to view, unique activities, and most of all, friendly Rotarians.
- District 6200 has hosted many successful Rotary Friendship Exchanges, and over the years has created what we believe is the perfect itinerary. While our district prefers English speaking exchanges, we do have members fluent in French and Spanish.

For tourist information, visit: www.lafayettetravel.com; www.houmatourism.com; www.visitbatonrouge.com; www.visitlakecharles.org

**Ongoing, major projects:**

**Other district activities:** Rotaract; Interact; RYLA;

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotary6200.org

## USA, District 6250

- District 6250 is located in Wisconsin, USA, only 3 hours by car northwest of RI Headquarters at Evanston/Chicago, USA.
- Our 61 Rotary Clubs (3,500 members) reflect American Midwestern hospitality (urban and rural), industry (large and small), farming ("The Dairy State"), several major regional medical centers, the State Capitol of Madison, The University of Wisconsin-System, County Extension Specialists ("The Wisconsin Idea"), public and private schools, recreation areas, and a state bordered by the Mississippi River/Minnesota (west), Lake Michigan (east), and Lake Superior/Canada (north).
- Wisconsin celebrates and enjoys ethnic and community festivals (Norwegian, German, Spanish, farm produce, county fairs, etc.) year round. Wisconsin Dells "water parks" are open all year. Seasonal sports include ice-fishing, skiing, river-rafting, hiking, hunting, golf, as well as the winter Birkebeiner (cross-country ski race).
- Our cities (Madison, La Crosse, Eau Claire, Marshfield) have theaters, museums, historical libraries, and cultural collections that reflect the variety of Native American tribes, early European settlers, and new trends in industry and environment management.
- Sports abound with "major league" sports of American baseball (Milwaukee Brewers) and American football (Green Bay Packers) in neighboring Rotary districts.
- The population of Wisconsin is 5+ million and the State Capitol is Madison. There are four seasons with cold and snow in the winter (but not as frigid as past years), beautiful spring and autumn, and summers with occasional hot days.
- District 6250 prefers RFE home-stays with a variety of Rotarians, seeing Rotary projects, and attending a Rotary club and/or a district conference, as well as learning about each community visited. RFE is a GSE-like experience for Rotarians and one of the best ways to build goodwill and better understanding through Rotary. The International Avenue of Service (RFE, RYE, GSE, Volunteers) is highly valued in District 6250.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

- District 6250 has had Rotary Friendship Exchange teams with India and with New Zealand.
- One RFE outcome has been the return visit of RFE team members as Rotary Volunteers to work as school assessment consultants on a Rotary Foundation grant proposal and a tsunami project.
- Snother future outcome might be the creation of "Sister Cities" or "Sister Rotary Clubs" between RFE districts.

**District media**: www.rotary6250.org

## USA, District 6420 and 6440

- Districts 6420 and 6440 are offering an exciting joint Friendship Exchange Program. RFE participants will visit one district for one week and the other district for the second week.
- Adjoining Districts 6420 and 6440 are located in the northern portion of the state of Illinois, the Prairie State, in the heart of the Midwest. This diverse area includes farm country and small towns as well as large cities and suburbs.

- The mighty Mississippi River, the longest in the USA, forms the western boundary of District 6420. Prairie grass covers most of the flat, gently rolling land of the Midwest creating rich, fertile soil known as the Corn Belt and the Wheat Belt.
- District 6420 is the home of John Deer, who invented the plow in 1837, forever changing farming, and whose company now manufactures all types of farming and construction equipment.
- The 47 clubs of District 6420 reflect Midwestern hospitality (urban and rural), industry (large and small), farming, major regional medical centers, and colleges and universities (public and private). The area also includes the homes of two US Presidents: Ulysses S. Grant and Ronald Reagan.
- Lake Michigan, one of the country's five Great Lakes, forms the eastern boundary of District 6440.
- Chicago, the third largest city in the U.S., situated on the river's southwestern shore, is the business and financial center of the Midwest and the home of President Barak Obama.
- Visitors can enjoy professional theater, symphony orchestras, opera, ballet and other forms of dance, historic architecture, an aquarium, zoos, parks and botanic gardens, as well as museums devoted to art, science, astronomy, history, natural history, and more. Visitors can tour attractions on foot or by car, bus, trolley, boat, bicycle, or Segway.
- Spectators can enjoy watching Chicago sports teams in baseball - Cubs and Sox; football – Bears; basketball - Bulls; hockey – Blackhawks and Wolves; and soccer – Fire.
- Those wanting a more active visit can find hiking, boating, cycling, swimming, golf, tennis, horseback riding and more. Shoppers will delight in Chicago's Magnificent Mile (North Michigan Avenue) as well as the dozens of shopping malls in and around the city. All 2475 members of 71 Rotary clubs of District 6440 are proud of the district's nickname: "The Home District" because Rotary International's headquarters is located in our district. Naturally any RFE team visit will have the opportunity to tour RI.
- District 6420 and 6440 prefer exchange teams no larger than 10 participants (couples or individuals)

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**:
www.clubrunner.ca/6420
www.clubrunner.ca/6440

## USA, District 6460

- Districts 6460 is located in the Land of Lincoln.

For tourist information, visit:

**Ongoing, major projects:** Matching Grants, Polio, literacy

**Other district activities:** partner with other organizations, Rotary Ideas, Rotaract, Interact, RYLA, Youth Exchange,

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotarydistrict6460.org

## USA, District 6510

- District 6510 is located in the heart land of the United States. We host beautiful country and city opportunities. From the river front in St. Louis travel east to the Indiana border and south to the Shawnee National forest there are 48 Rotary Clubs that would welcome a visit.

For tourist information, visit:

**Ongoing, major projects:** Our District has focused on humanitarian work in cooperation with Shriners hospital to care for children from Belize who have required corrective surgery. Several of our members have gone to Malawi to support water wells in African communities. Projects within our district have focused on our local communities to the international focus on fund raising for Polio. Our district has a rich history of supporting youth exchange both inbound and outbound.

**Other district activities:** partner with other organizations, Rotaract, Interact, RYLA, Youth Exchange,

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.facebook.com/RotaryDistrict6510

## USA, District 6580

- District 6580 has many large hospitals that offer a variety of experiences. We have a city that boasts its German Culture and has many things to offer.
- Our Districts is proud to have Indiana University, Bloomington, which is a very diverse area.

- Our District boarders Indianapolis, so many things are offered there--The Motor Speedway where the 500 is ran, Lucas Oil Stadium and many museums. We also boarder Kentucky and have taken many guests to the Kentucky Derby.

For tourist information, visit:

**Ongoing, major projects:** Our largest club in Evansville has a sister city in Mexico and they have taken many vans/buses to that area. This has become known as the Yucatan project.

**Other district activities:** International volunteering, partnering with other organizations; Rotaract; Interact; RYLA; Rotary Youth Exchange

**Skilled volunteers:** We have many skilled Rotarians that would like to assist with international projects.

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotary6580.org www.explorerotary.org

## USA, District 6760

- Districts 6760 is interested in team exchanges.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:** Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Turkey, United Kingdom, Australia, Argentina

**District media**:

## USA, District 6780

- District 6780 encompasses East and Middle Tennessee, a landscape of mountains, rivers, lakes and forests, and includes the major cities of Knoxville and Chattanooga.
- The Great Smoky Mountains National Park is within district boundaries.
- The district has experience with many international Rotary Foundation grants, especially water and health projects in Mexico, water projects in Ghana and other African countries, literacy and health projects in our district.

For tourist information, visit: www.tnvacation.com/east

**Ongoing, major projects:**

**Other district activities:** International volunteering; twin clubs; partnering with other organizations; Rotaract; Interact; RYLA; Rotary Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):** District 6780 on Rotary Showcase

**Recent friendship exchange partners:**
**District media**: www.rotarydistrict6780.com

## USA, District 6800

- District 6800, located in the scenic Southeastern part of the United States, consists of 43 clubs, stretching from Memphis, Tennessee to Tupelo, Mississippi.
- The region offers many attractions to visitors, including diverse wildlife and scenic Appalachian Mountains at the Natchez Trace National Park, historic American Civil War sites, and the beautiful Tennessee River.
- Memphis, Tennessee, the district's largest city, offering many big city advantages with a small town atmosphere including blues clubs on Beale Street and tasting staple Southern BBQ and pulled pork dishes. Memphis is the northern terminus of "music alley." Nearby New Orleans gives visitors music from rock 'n roll in Memphis to blues in the Mississippi Delta to Dixieland jazz in the Big Easy.
- Tupelo, Mississippi, a business-friendly town, hosts a number of spring and summer festivals and has been named an All-American City four times.
- Oxford, the district's cultural hub, is home of the University of Mississippi, frequently referred to as one of the South's most beautiful towns. The central town square is filled with restaurants and home of the famous Square Books. Oxford is noted for its authors: William Faulkner, Larry Brown, Barry Hannah, Stark Young, and Willie Morris.
- District 6800 prefers 12 to 14 day exchanges with teams of four to eight participants,

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotarydistrict6800.org

## USA, District 6890

- District 6890 welcomes you to sunny Florida. Our district is composed of four counties in Central and West Florida.

- Any time is a great time of year to visit this area. We have parades and festivals throughout the year. Gasparilla, the District's largest celebration, is in Tampa the end of January. Gasparilla is a waterborne invasion of the city of Tampa by "Pirates." Between 500,000 and 700,000 people watch the invasion and parade along the bayshore every year. Other events include automobile races in Sebring, the Strawberry Festival in Plant City, fly-in of airplanes in Lakeland, and numerous local small town events.
- We have many local museums including the Salvador Dali Museum, the Museum of Science and Industry, and more. We have a performing arts center in Tampa and a Latin Quarter in Ybor City (Tampa) with an exciting night-life. For relaxation, Bok Tower in Lake Wales provides a serene and peaceful getaway.
- Commercial attractions include Busch Gardens-Tampa and Cypress Gardens in Winter Haven. We have fresh water with hundreds of lakes or salt water with the Gulf of Mexico with great fishing conditions. Caladesi Island, recently rated as the best beach in the U.S., is nearby.
- Shopping includes discount outlet malls to luxury retail malls with some of the finest stores in the country. Best of all, we are one of the friendliest districts in the world!

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

- We are active with Group Study Exchange and the International Travel and Hosting Fellowship, and Rotarians throughout the district have home hosted Rotarians from all over the world for many years.

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.district6890rotary.org

## USA, District 6950

- District 6950, situated on the central west coast of Florida, is located in the Tampa Bay area and lies along the tranquil waters of the Gulf of Mexico.
- District 6950 has 49 active, engaged Rotary Clubs in four counties covering 2,000 sq. miles along Florida's Central Gulf Coast.
- District 6950 has some of the top-rated beaches in the USA, the world-class Salvador Dali Museum, and numerous social and cultural events.
- District 6950 contributes over $200,000 annually to the RIF Annual Fund.

For tourist information, visit: www.pinellascounty.org/visitors.htm;

**Ongoing, major projects:** Disaster Preparedness & Response training & promotion, since Florida is vulnerable to hurricanes and ranks #1 in the number of tornados in the USA; promoting women's & children's health; working with Habitat for Humanity to build homes locally, fundraisers such as "Death by Chocolate" and the Wild Beast Feast that help to support such projects as Rotary's Camp Florida for challenged children; clean water; hunger mitigation; family homeless shelters; international peace; polio eradication education; other Rotary projects locally and internationally.

**Other district activities:** Rotary Friendship Exchange; international volunteering; partnering with other organizations; Rotary Ideas; Rotaract; Interact; RYLA; Youth Exchange

**Skilled volunteers:** Dentists who work on cleft-palate cases; builders who help construct hospitals in Central America; and specialists in disaster preparedness, mitigation, & recovery who work with ShelterBox and other disaster programs

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** France; Germany

**District media**: www.rotary6950.org

## USA, District 6970

- District 6970 in Florida, USA boasts many attractions.
- NASA's Kennedy Space Center is located on Cape Canaveral.
- The Disney theme parks, Sea World and Universal Studios are fun for people of all ages.
- Daytona Beach has world famous race tracks and white sand beaches.
- Other points of interest are in New Smyrna, Jacksonville and St. Augustine – the oldest town in the USA.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotary6970.org

## USA, District 7120

- District 7120 south of Lake Ontario in New York State.
- Rochester is the largest city in our district with the cities of Buffalo and Syracuse being located in other upstate districts to the west and east.

- Most of the 68 Rotary Clubs and over 3000 Rotarians in District 7120 are located in small rural communities, with 20 to 50 Rotarians each, although Rochester Rotary has 330 members.
- Our District is often referred to as the Finger Lakes District. In the central and southern part of our district receding glaciers from 2 million to 12,000 years ago formed hillsides and a series of lakes known as the Finger Lakes, New York's largest wine producing region.
- Our district and New York State is bisected by the Erie Canal, currently a popular waterway to leisurely enjoy boat trips and experience the locks. Apple, cherry, peach, pear and other fruit tree orchards can be found in our district as well. Upstate New York is one of the country's largest apple producing regions.
- Agriculture, followed by tourism, is District 7120's largest industry. Seasonal festivals including: apple, garlic, grape, maple, sauerkraut, wine and others.
- District 7120 is the home for world famous Bausch and Lomb, Corning Glass, Eastman Kodak, Wegmans and Xerox Corporation plus other high technology companies, colleges and universities.
- The Finger Lakes region is also home to a number of museums including the Corning Museum of Glass, the Strong National Museum of Play, the Eastman House, Glenn H. Curtiss Museum, Wings of Eagles Discovery Center, Museum of the Earth, National Soaring Museum, the Rockwell Museum of Western Art, and the Genesee Country Museum in Mumford.
- Popular tourist areas to the west and north of our district include Niagara Falls and the 1000 Islands.
- District 7120 prefers teams of 10 to 15 members including couples and individuals.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**:
www.rotary7120.org
www.rotary7120.org/Friendship Exchange.cfm

## USA, District 7210

- Rotary District 7210 encompasses the beautiful Hudson Valley area of New York. The area is rich in history - and is the home of West Point, Woodbury Commons, the majestic Hudson River and many lakes and small treasures.

For tourist information, visit:

**Ongoing, major projects:** Our clubs do it all --- from Tricky Trays, to "Taste of" food events, to races and wiffle ball tournaments - and so much more.

**Other district activities:** Rotaract, Interact, RYLA, Youth Exchange

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** One of the district's clubs has previously participated in a RFE

**District media**: www.RotaryDistrict7210.org; www.facebook.com/rotarydistrict7210

## USA, District 7230

- District 7230, located in New York, USA, is comprised of three of New York's five counties: City (Manhattan, Bronx, and Staten Island), Westchester County, and Bermuda. This geographic area includes some of the best attractions in the world, including the Bronx Zoo, the Empire State Building, the Statue of Liberty, Central Park, Kykuit Estate, and hundreds of museums and attractions for children and adults alike.
- New York City also has one of the best public transportation systems in the world.
- Bermuda, the world-famous beach resort islands, is also part of this district.
- District 7230 is interested in team exchanges ranging 1 -2 weeks.

For tourist information, visit: www.iloveny.com; www.bermuda.com

**Ongoing, major projects:** Friendship Exchanges, "End Polio Now", emergency disaster relief, AIDS prevention and cure, sustainable agricultural growth, GSE, ambassadorial scholarships, and water projects.

**Other district activities:** Rotaract, Interact, RYLA, Youth Exchange

**Skilled volunteers:** Many volunteers have experience in "End Polio Now" campaign, participating in National Immunization Days. Many others have been involved in sustainable agricultural development projects.

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Bangalore, India

**District media**: www.rotary7230.org

## USA, District 7280

- District 7280 is situated in Pennsylvania and includes 43 Rotary clubs.
- A few popular events in Pennsylvania include Apple Fest (the first weekend in October) and the Oil Heritage Festival (the third week in July). In addition to festivals, tourists enjoy exploring the first Oil Well at the Drake Oil Well Museum and the great outdoors along a two mile bike bath located outside of Pittsburgh.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotary7280.org

## USA, District 7430

- District 7430 is located in eastern Pennsylvania, approximately one hour from Philadelphia, one and a half hours from New York City and Lancaster, Pennsylvania.
- It is the third largest metropolitan area in Pennsylvania yet maintains its rural character despite its close proximity to the points of interests and the culture of New York and Philadelphia.
- Local attractions include Dorney Park and Wildwater Kingdom, a popular amusment park, the Pocono Mountains, a popular ski and recreation area, and Amish Country, where quaint country living thrives today. The Crayola crayon factory is a popular tourist attraction as well. During the summer there are many festivals, the most well-known being Musikfest and the Great Allentown Fair
- District 7430 can arrange exchanges almost anywhere but is particularly interested in exchange with Rotarians in Greece, Italy, New Zealand, Germany and Australia.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotarydistrict7430.org

## USA, District 7490

- District 7490 has 127 miles of beaches and many historic original Dutch Colonial homes from the original 13 colonies when our country started.
- Magnificent museums, theaters, NYC village, and Botanical Gardens are only 30 minutes from the district. The Statue of Liberty is in District 7490.
- We are noted for our Fashion Malls, the most of any state.
- Our excellent highways give us the ability to explore casinos and beach front homes. We are right next to Pennsylvania: Liberty bell, and historic sites.
- Our district is one of Rotaries smallest districts so there is much to see and enjoy in record time.
- We have homes ready to host RFE guests. Doctors, lawyers, architects, professionals may want to stay in homes with those of their profession.
- We are interested in individual and team exchanges.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:** international volunteering, project fairs, partnering with other organizations, Rotaract, Interact, RYLA, Youth Exchange

**Skilled volunteers:** medical professionals (doctors and nurses); architects, lawyers, teachers, business professionals.

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

- Japan; Australia; British Columbia, Canada; Taiwan; Wales

**District media**: www.rotarydistrict7490.org, www.facebook.com/groups/district7490

## USA, District 7600

- District 7600, situated in Central and Southeastern Virginia, USA, is home to plenty of American history, natural beauty, and a host of recreational opportunities. Washington, DC, our nation's capital, is nearby. The district consists of 64 clubs and about 3000 Rotarians.
- Historic sites include the first English settlement in the New World at Jamestown, Colonial Williamsburg, along with many early American and American Civil War sites and museums.
- Virginia has mountains for hiking and skiing, beaches at Virginia Beach, waterways to enjoy water sports, a wealth of natural beauty. Golf and tennis are popular here.
- Virginia's state capitol, Richmond, is in the heart of our district.
- Richmond, Norfolk, and Virginia Beach support a variety of cultural activities include world-class museums, the arts, dance, and music.

- The local economy produces technology, agriculture, mining, shipbuilding, and tourism. Farm products include peanuts, corn, chicken, soybeans, and other products. The transportation system in Virginia includes eleven airports, the Port of Hampton Roads, and hundreds of miles of highways and rail lines.
- The Rotarians, clubs, and district are strong supports of all the programs of Rotary International.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotary7600.org

## USA, District 7610

- District 7610 is located in northeastern Virginia, USA.
- For those interested in the U.S. Civil War, District 7610 lies within the cross-roads of the Civil War with numerous historic sites including First and Second Manassas, Fredericksburg, Chancellorsville, Wilderness & Spotsylvania battlefields.
- The District's northern sector is adjacent to Washington D.C., with easy access to Washington's popular tourist attractions. Mount Vernon plantation, the home of George and Martha Washington, rests just 16 miles south of Washington D.C. The Smithsonian's Udvar-Hazy Aviation Center near Washington Dulles International Airport displays thousands of aviation and space artifacts including the Lockheed SR-71 Blackbird, Boeing B-29 Super fortress Enola Gay and Space Shuttle Enterprise.
- The District's eastern sector, the "Northern Neck", is a peninsula nestled between the Potomac and the Rappahannock Rivers with many museums and historical sites. The Northern Neck Wine "Getaway" explores several Chesapeake Bay wineries.
- The District's western sector is located around Charlottesville, Virginia, at the base of the Blue Ridge Mountains with its 105 mile Skyline Drive that runs along crest of the mountains. Three of our nation's presidents lived in the area: visit the homes of Thomas Jefferson, James Monroe, and James Madison. There are twenty-three wineries in the western sector.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotary7610.org

## USA, District 7770

- District 7770 is one of the largest and most active districts in the Rotary world. The district comprises the 25 eastern counties of South Carolina (the remainder of the state is in District 7750).
- Today, District 7770 encompasses 78 Rotary clubs with a membership of approximately 5,000 Rotarians.
- Our District includes the popular coastal tourist destination of Myrtle Beach; golfing and leisure in Hilton Head; history and architecture in Charleston; and the seat of state government in Columbia.
- Numerous points of interest exist in between to take in culture, experience agriculture and gardening, understand the development of a founding colony, go out in a boat, sport fish, hike, partake of excellent regional food, beach comb, or just relax.
- Several airports within the district receive traffic from international destinations daily, enabling one to get here from wherever they are.
- Whatever your interest, we're bound to have it available in our diverse, hospitable District 7770.
- District 7770 prefers teams of six to 12 exchange participants.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotary7770.org

## USA/Canada, District 7850

- District 7850 is one of the few international Rotary districts. District 7850 extends from northern Vermont, USA, to southern Quebec, Canada. The district is known for its bright fall colors and excellent skiing in the winter.
- Antiquing, county, and provincial fairs also attract many tourists from late spring to late fall. Winter events include skiing, snowshoeing, dog sledding, and more.
- The area is well known for its friendly and welcoming communities. Mount Washington, accessible by car, has some of the highest recorded wind speeds in the world.

- The region is also well known for its Cog Railroad, which was run by a coal engine until recently.
- Vermont is renowned for its high quality granite and marble quarries. If you enjoy auto racing then don't miss the many dirt and paved tracks in our district. Fly fishing and bird watching are some of the more restful pastimes enjoyed along the districts many pristine lakes and rivers.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**:

## USA, District 7890

- District 7890 is in New England and comprises Northern Connecticut (CT) and Western Massachusetts (MA).
- The southern part of the district is within an hour and a half of New York City and the eastern part is within an hour of Boston. Hartford, CT and Springfield, MA are major cities in the district.
- The area is home to a variety of museums, such as the Wadsworth Atheneum Museum of Art, the New Britain Museum of American Art, the New England Air Museum, the Carousel Museum of New England, and the Norman Rockwell Museum.
- Featured attractions include the Lake Compounce and Six Flags New England theme parks, Basketball Hall of Fame, the flagship store of Yankee Candle, and Tanglewood--the summer home of the Boston Symphony Orchestra.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotarydistrict7890.org

# Zimbabwe

## Zimbabwe, District 9210

- Situated in southern Africa, District 9210 stretches over four countries (Zimbabwe, Zambia, Malawi, and Mozambique) and is comprised of 53 Rotary Clubs. English and Portuguese speakers are common within the district.
- Zimbabwe has an abundance of natural resources, a large variety of wild life, natural game parks, and serves as the center of southern Africa's adventure sports including white water rafting, hiking, skydiving, hot air ballooning, bungee jumping, and more. The most well-known natural feature of the district are The Victorian Falls, the world's largest waterfall.
- The district's climate is the most moderate of the tropical region. The local communities of Zimbabwe share strong values and community traditions, giving a strong sense of identity, warmth, and hospitality.

For tourist information, visit:

**Ongoing, major projects:**

**Other district activities:**

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:**

**District media**: www.rotarydistrict9210.org

# Venezuela

## Venezuela, District 4380

- El distrito 4380 está ubicado en la región centro occidental de Venezuela abarcando 11 estados del país, entre ellos Táchira, Mérida, Trujillo, Zulia, Falcón, Lara, Yaracuy, Portuguesa, y Carabobo.
- Destaca esta zona por sus hermosas playas, montañas y desierto, este último en el estado Falcón, por lo que el distrito ofrece una gran variedad de alternativas para hacer turismo como turismo de montaña, turismo de playa, turismo religioso entre otros.

For tourist information, visit: www.cortulara.com.ve; www.ofiturismo.com; www.cometurmerida.gob.ve; www.corfaltur.blogspot.com

**Ongoing, major projects:** El distrito a través de los clubes del estado Lara y los clubes de San Cristóbal prestan servicios de salud en varias disciplinas. A través de dos grandes clínicas rotarias a costos accesibles. Igualmente se cuenta con el apoyo de clubes del estado Carabobo y Zulia de bancos de Marcapasos para atender pacientes con problemas cardiacos. Jornadas de Labios leporinos y que se realiza todos los años. Atención a los ancianos. Gran impulso del intercambio de jóvenes en el que participan muchos clubes y que ha adquirido gran fortaleza en el distrito. Atención a niños con cáncer. Dotación a escuelas del distrito en especial en unidades de informática.

**Other district activities:** Clubes hermanos, Ferias de proyectos, Rotary Ideas, Rotaract, Interact, Seminario de Rotary para Lideres Jóvenes (RYLA), Grupos de Rotary para Fomento de la Comunidad, Intercambio de Jóvenes

**Skilled volunteers:**

**Rotary Ideas / Rotary Showcase Project(s):**

**Recent friendship exchange partners:** Argentina, Colombia, Peru, Ecuador,

**District media**: www.distrito4380.org.ve